# **VERO BEACH**

# **Sneezy and achy? Blame cold** and rain for allergies. P54

**McCrystals honored with** humanitarian award. P10

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# 'Mulan Jr.' at Riverside shows off talents of fresh young cast. P20



Construction workers feverishly attemping to complete north island beach replenishment.

# **Beach project falls behind;** Marbrisa, Baytree at risk

#### BY LISA ZAHNER STAFF WRITER

The multimillion beach replenishment project isn't vet at the half way mark with just days to the May 1 deadline, leaving the communities of Marbrisa and Baytree at a high risk of not getting promised sand.

County staff conceded Monday the project was weeks behind schedule, and informed members of the Beaches and Shores Preservation Committee they will apply for an extension of nine to 15 days to allow Ranger Construction to fin-

ish building up the berm and dune on the remaining 12,000 linear feet of the project.

But with state and federal regulators fixated on the start of turtle nesting season, and requiring close monitoring on the quality of sand on the project, an extension seems a bit wishful.

And with each day, the project seems to be falling further behind.

"It's is construction and there always something, every day, that causes a headache," said Ranch Lake Mine owner Steve Smith.

# The Ospreys of Pelican Island | Nicholas Perricone, MD: 'Ahead of the curve'

A paparrazo's three-year study of a pair of fish hawks

#### BY MICHELLE GENZ STAFF WRITER

Bob Montanaro is an osprey paparazzo. For three years, from January to April, the amateur photographer snapped images of a devoted couple in its nest in the Pelican Island National Wildlife Refuge, perhaps the most restricted of barrier island gated communities, with its populations of protected and endangered Florida wildlife.

He followed their every move, from ambitious home renovations, painstakingly prepared meals, and visits

from annoying neighbors, to their very active sex life. Taking scrupulous notes and thousands of photographs, CONTINUED ON PAGE 24



#### BY MICHELLE GENZ STAFF WRITER

If there is a faintly distracted aspect to the soft-spoken Nicholas Perricone, MD, it could well be that he is flipping through a mental cardfile of what he thinks you had for dinner. No one escapes his analyses. "I can't help it," says the skin care scion, relaxing in his John's Island living room, his unassuming manner almost as unexpected as his deep tan, set off by the denim-blue décor.

Then again, he could be thinking about Charles Dickens. Or Thomas Edison. He could be gloating

over thoughts of winning his bet with a Yale physicist on whether the CERN collider is going to find the elusive (he

says non-existent) Higgs boson particle.

Now there's some cocktail CONTINUED ON PAGE 3



News 1-8 Arts 17-25 Books 45-47 Calendar 74-75 Dining 64 Editorial 38

April 22, 2010

Volume 3, Issue 17 Faith 69 Pets 68 Games 48-51 Health 53-58 St. Ed's 67 Insight 29-52 Style 59-63 Travel 26-28 Passages 76 People 9-16 Wine 65

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Two Moorings homes showcase classic style. Page 70.

#### **Beach replenishment**

Crews did not work on Monday due to impassable roads leading to and from the Ranch Road Lake Mine west of town, as the roads were flooded and rutted from the downpours of the weekend

As of Monday a mere 41 percent of the shoreline had been constructed and inspected.

So far, 84 percent of the project time had elapsed, but only 75 percent of the sand had been delivered.

Without the extension, crews will need to work seven days per week --

every single day until April 30. The average progress over the past two weeks has been 210 truckloads per day.

If an extension of nine days is granted, crews will need to deliver 225 truckloads per day, seven days per week, to finish by May 9.

Ranger Construction Vice President Bob Schafer was not present at the meeting, so Ranch Road Lake Mine owner Smith spoke on behalf of the crews working the project. Smith advised the county to request a 15day extension, to account for glitches and hiccups.

without equipment or weather delays criticism from committee members, -- and deliver 7,331 cubic yards (about as the mining operation has caused take to regulators.

407 truckloads) of sand to the beach the majority of the delays.

"If we could get the sand on the beach, I think we could finish," Committee Chairman Bill Glynn said.

Though construction is lagging way behind on the beach, it's being blamed on not having either adequate quantities of sand to work with or not having the proper mix of grain size material available to put in the right place.

Since the project started, crews have lost an average of two to three days' work per week to all those things -- rain, high winds, surf, lack of material to haul and grate.

County Coastal Engineer James from Ranger to get a good number to



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"They seem to be amenable to our request as long as we'll be able to complete sections of beach and not be asking for further extensions, Gray said."That will significantly impact whether or not the extension is granted."

Gray said he didn't think the extra days of work would cost the county any more money, since the purpose would be to catch up for lost time that was in the original contract.

Glynn said the extension is critical to the project.

"Baytree and Marbrisa have to be done," said Glynn, the project's biggest Smith absorbed the brunt of the Gray said he is waiting on information proponent, who said residents of those communities had been "victimized" by being scheduled last in this project, since they spent large sums of their own money to truck in emergency sand after the 2004 hurricanes and were promised the sand -- which has not vet materialized -- long ago by county commissioners.

Glynn said Baytree and Marbrisa may only wine up with "downdrift sand" which washes south from Orchid, Disnev and Sea Oaks.

One Marbrisa resident correctly pointed out that, should the county not be granted an extension, any areas not finished this year might not get their sand next year either should regulators be unhappy with the reproduction rates of sea turtles this season.

The county is conducting a "test plan" to monitor and compare nesting and survival rates of turtles to ensure that the upland sand makes good habitat for turtles. Should the upland sand pass muster with state and federal officials, it may be permitted to proceed with Phase Two of the project.

Should the numbers not prove the success of the \$15 million experiment, the county may be forced to bring in a dredge to complete the area from Golden Sands Park to Treasure Shores Park. The next beach replenishment project is set for Central Beach in 2017. The sand now being placed on the beach is scheduled to last about eight years before it needs to be replenished again.

So far, committee members said, the turtles seem to like the new sand, as they've been observed nesting in the material recently placed by Ranger crews. This could go either way for the prospect of an extension, as the more nesting activity taking place, the more nests to potentially be disturbed.

Orchid Town Councilman Bill Troxell, who commented that the sporadic nature of the work on the beach project was disconcerting, adeptly expressed the somewhat humorous and helpless optimism barrier island residents are feeling about the future of beach restoration depending on the reproductive success of turtles.

"We put signs up in Orchid 'New sand to the right, please nest here'," Troxell said

#### **Nicholas Perricone** INCOMING TIDE / CONTINUED FROM PAGE 1

party fodder.

On the face of things – his face, in fact -- the charm of Vero's newest celebrity may seem skin deep: Handsome, single, brilliant, rich, the doctor every mother always dreamed of.

of Oprah and Good Morning America, beyond the QVC sales pitch for \$450 skin cream, away from a staggering roster of celebrities on speed dial. Perricone, 61, is making friends here with the brainiac set -- an eclectic, under-the-radar bunch that doesn't cringe at exposing their inner geek.

This is a guy who starts his long list of accomplishments with the shows he's done for PBS, never mind the eight books he's written, four of which were New York Times best-sellers, three at No. 1. His U.S. patents - there are "hundreds," he says – include not just those for eluding wrinkles on the skin's surface, but eluding surface-toair missiles launched by terrorists, including one patent that the U.S. Government swooped in and yanked, he says, for national security reasons.

medicine in at least three significant ways. He expounds on the benefits of sunshine. He blows off calorie counting for weight loss. And he eschews overzealous workouts – he says they release stress hormones, which is the last thing anyone needs.

to Perricone's recent move to Vero Beach. He gestures toward the ocean, where he takes as many of his endless corporate phone calls as he possibly can. At the opposite end of the house is a home office, appointed with polothemed prints, a residual decorator's touch from the charming – and pretty spectacular -- \$8.65 million spec home he bought. He knows his day is done when the setting sun streaming in a west-facing window throws its glare on his iMac.

called John's Island home. His daughter, Caitlin, herself a beauty, is a seventh grader at St. Edward's School. Like her dad, a former English literature major, she is bookish; she recently took over his Kindle, he says, and reads a novel a week.

Perricone still reads aloud to her - most recently a passage by James Joyce, and a biographical bit on Nikola Tesla, 19<sup>th</sup> century Serbian-born inventor and electrical engineer, who once worked with Thomas Edison, and eventually ended up his competition.

"I'm big on science," says Perricone. "I told Catie, 'I've got to read this to vou. This guy was marginalized because he was too ahead of his time.' In

Perricone is an iconoclast of vanity

Indeed, stress reduction is key

Since late December, Perricone has

applied science, there's more of a belief system than in pure science. If you come up with something new, you run into trouble because it doesn't fall into the belief system."

Perricone may see something of himself in Tesla – though to date, he has met with far greater financial success. But his ideas, vilifying inflamma-But Nick Perricone's appeal goes tory agents in food and the environwell beyond the surface. Off the sets ment as key in the battle against aging, have met with some skepticism. As far back as 2002, when his skin care com-

pany was really hitting its stride, Yale University chose not to renew his contract as assistant clinical professor, a post he had held for two years.

Perricone was quoted in The Wash*ington Post* as saying the university was "very critical" of his anti-inflammatory theories, as well as his books and appearances. Others have called his theories scientifically untested, his approach too pricey and complicated, and say his successes are the product of his sales ability.

But he says his claim that a diet relying heavily on salmon (even for breakfast), blueberries and watercress will show up in finer facial skin tone within three days was proven out with three Good Morning America staffers 10 years ago, just as his first book came out.

"Diane Sawyer could tell from across the set," he says, when the women came back to be compared. "'I was going to take you apart,' she said. CONTINUED ON PAGE 4

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## **Nicholas Perricone**

INCOMING TIDE / CONTINUED FROM PAGE 3

But when she saw the three women she couldn't believe it. The definition to their cheekbones, the definition to their jawline. By the time I left the set and walked across the street, the book had jumped to Number One."

Today, Perricone is having fun with his new friends – he finds his Vero neighbors "fascinating," already showing off one John's Island skeptic who has lost 30 pounds in six weeks on his vitamin-and-anti-oxidant filled, restricted carbohydrate diet.

"You appeal to people's vanity, and you get them to eat better," he says. "What could be better than that? If all you do is tell them there's a certain way to reduce their risk of breast cancer and diabetes, people don't want to think about negative ideas. If you can show people that they can look in the man Marcus, Nordstrom and Sephora mirror and look radiant and young, that motivates them. Vanity is a great motivator."

He also believes his theory would

to implementing it. Catie Perricone, a waistline in a month and a half. gorgeous girl and reed-thin at age 12 happily starts her day with a piece of broiled salmon and strawberries, he says, though a nice piece of hot ham is fine too, he says.

She likes yogurt, though Perricone limits dairy. He's big on oatmeal, the ubiquitous blueberries and the almost magical watercress (a three-ounce serving is three cups' worth); dinner is typically salmon again, and black beans or lentils and arugula.

Not to say his weight loss-slashanti-aging diet would fit into Michelle Obama's plans to slim down kids.

Claiming that he uses only the highest-grade, most physiologically accessible nutrients -- made not in some random suspect Chinese factory, but in Germany, land of precision engineering -- Perricone's supplement pills are sold in places like Nei-– not exactly the CVS drive-through. "Think Louis Vuitton, think Perricone," he jokes.

"Calorie restriction is disastrous," he says. "Keeping fats down is disastrous. People need fat to absorb nutrients. Why do they look haggard and beat up after they lose weight? Because 50 percent of the weight loss is from lean muscle mass, not just body fat. When you treat the inflammation, the first 97 percent of the weight loss is body fat. My friend is going, 'I can't believe this is happening."

speed," he says. "I'm 10 years ahead of the curve.'

Home from school, Catie dashes upstairs of her own accord to finish her homework; driving her to and from school, with her mostly mellow Yorkie-Maltese mix Peanut in the car. is clearly a ritual on which Perricone's dav turns.

"I specifically take to her school, I specifically pick her up," he says. "I have Peanut in the car, she gets in, and I give her something to drink.

"Middle school is the toughest The banter continues with his place to be," he says sympathetically, drastically reduce childhood obesity, newly svelte John's Island buddy, though lately he has noticed - and if parents and schools even came close who has lost five inches from his here, he raises an eyebrow -- that his

almost-teenage daughter is increasingly speaking her mind. He is picking up on an interest in theater, and expects she will become involved with Riverside's children's program.

St. Edward's was a key reason he chose to live here, he says, having owned a vacation home since 2002 in Ormond Beach, north of Daytona. It cannot compare with Vero Beach, he says, and while he intends to return to his waterfront Madison, Conn. home "I'm trying to get people up to in the summers, this house, this town, is now home.

> "Are you going to be happy down there?" asked his friend Jon Morrow, who along with his Ph.D. in physics, has an M.D. and heads the department of pathology at Yale. Morrow visited once, and fretted. "It seems kind of lonely," he told Perricone.

> "I want to make more friends and become more a part of the community," Perricone says, when asked. These days, though, his concern is for his daughter. "The goal is to get her a great education and have her make great friends."

He also would like to indulge her with an unexpected sort of luxury. "I would like her to have the freedom to choose a career path that she really loves," he says. "Not everyone who has to earn a living can do that, but we have a lot of resources. I grew up a poor kid, and I didn't have the resources."

Perricone, who six years ago gave \$2 million to start a school for 237 street kids in Sao Paulo, Brazil, wants Catie to have a sense of altruism as well.

"I'd like to have her participate in helping people. I want her to learn that probably the most important part of our existence is helping other people."

Not that creature comforts aren't running a close second.

"I hate cold weather," says Perricone. "We're going back (to Connecticut) June 1, and I'll get to spend a whole summer hanging out with Jon. I'll only have to go into New York two days a week. It'll be packed with appointments -- I'll have an interview with Vogue, or a shoot with CNN, and in the afternoon, I'll meet with my marketing people, or see an actress who's a client.

Endorsements on his book jackets include Sheryl Crowe, Uma Thurman, Courteney Cox, and Emmylou Harris, as well as various doctors and nutritionists.

Perricone graduated from New Haven College, and "won" the lottery for the draft, deciding to enlist in the Army Reserves. He was released from active duty in 1971, after a fall during training broke his arm in three places. "What a warrior I am," he savs.

He took a job working in fundraising and patient services for muscular dystrophy. It was then that he decided to go into medicine. Realizing he needed to earn his Bush Boake Allen, a huge Londonbased flavors and fragrance com-





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tuition, he went to work in sales at air freshener -- and I got a \$50,000 royalty. I went in and told my boss, 'I've got some plans. I'm going to medical pany. "I was getting a tremendous school. Would it be okay if I left sooner salary -- \$75,000, and unlimited ex- than a month's notice? In fact, I want penses, " he says. "And I was saving to leave for the airport, now.' '

Today, that boss is selling raw material to Perricone

Perricone chose Michigan State for med school "because it was the cheapest place to go." Initially he pursued pediatrics, and was doing his internship at Yale. But the late Sidney Hurwitz, a professor of pediatric dermatology, persuaded him to switch to dermatology.

Perricone ended up at Henry Ford Hospital in Detroit. He opened a solo practice in Connecticut in 1986, treating mostly patients with acne – the subject of his fourth book, and a con-CONTINUED ON PAGE 6

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### **Nicholas Perricone** INCOMING TIDE / CONTINUED FROM PAGE 5

dition he himself suffered from into adulthood, until Hurwitz urged him to try topical Vitamin A, then in clinical trials.

After starting his skin care line in 1998, his first book, *The Wrinkle Cure*, came out in 2000. His celebrity stature soon followed.

In Vero, Perricone has yet to go out much beyond the occasional dinner at the Johns Island club, or a vodka with one of his new friends (alcohol is a stress reducer, he points out with a grin.)

"I really relish quiet and solitude," he says. "I had enough of people being around me growing up."

Perricone grew up in a large working-class Italian-American family, living in various towns around New Haven, Connecticut. His father was a stone mason; Nick often went to work with him. "I never saw my parents take a vacation," he says. "I went to work at 14 so I'd have clothes for school."

He has three sisters, and a brother who is an Episcopal priest, with a parish in Tuscany.

He remembers his father always having an interest in chemistry and physics. "I remember him experimenting with test tubes, growing mushrooms on cotton balls in the basement," he says. His mother, he says, was a "super reader," graduating until the next day," he claims, explainfrom high school at 14.

"Mom gave me my love of reading," he says. "Today, at 85, she reads four novels a week. She takes no medications. And she can touch the floor with the palms of her hands, her legs perfectly straight.'

His late father, on the other hand, "lived a long miserable life," jokes just a theory. But I love the sun. I'm Perricone. "Everything that could go wrong, went wrong," he says. "He al- with a tan."

ways felt lousy, all the time. But he lived a long life too."

Perricone remembers two things clearly about his childhood: constantly having noise and people around him, and constantly having to move.

"Why don't we move here? Why don't we move there?" he remembers the conversations going. "I hated having to change schools all the time," he savs.

Hopefully, his own daughter has made her last move. Perricone has a list of young Vero families with daughters Catie's age, hoping to get them together. Perricone has two sons from a previous marriage: Nicholas Jr. is an attorney in Boston; Jeffrey is "a professional student," he jokes.

Perricone keeps fit with a three-mile run three days a week, and a 45-minute workout with weights; he is not an advocate of more strenuous regimens, considering them "too stressful."

As for that tan Perricone unabashedly admits to working on for up to an hour a day, he says he guards against ever burning - that would be inflammation. But he believes strongly in the benefits of high blood levels of Vitamin D, a powerful anti-inflammatorv and anti-carcinogen, and was unable to raise his own, using food or supplements, until he tried the sun.

"The key is not to shower before you go to the beach, and when you come back from the beach, don't shower ing that the natural oil on the skin accelerates production of the vitamin. "People in the U.S. are fanatics about being clean," he says, shrugging off any irritating effects of sandy sheets.

"Now this isn't documented, but I believe that when people have high vitamin D, they don't burn," he says. "It's the only dermatologist in the world





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BY IAN M. LOVE STAFF WRITER While the demise of Riverside Bank largest bank in Canada. last weekend left Vero Beach with vet

More banking changes for Vero Beach

another community bank consumed by a Canadian behemoth, executives from the last local bank swallowed up by Canadians are preparing to mount a comeback.

Newcomer CenterState Bank of Florida, with 38 branches in Central Florida, is planning to open its first location in Vero Beach in June managed by the team that a few years ago was providing relationship banking from the old Indian River National Bank.

Riverside was shut down by the government last Friday and its branches

were immediately taken over by TD Bank, the American subsidiary of Toronto- Dominion Bank, the second

Indian River National, in 2008, was acquired by RBC Bank, the American subsidiary of Toronto-Dominion Bank's archrival, Royal Bank of Canada, the largest Canadian bank.

The seizure of Riverside last Friday by the Federal Deposit Insurance Corporation had been long anticipated, and by acquiring its assets and branches but not all its liabilities, TD Bank now becomes a major banking player in the region, with 58 branches up and down the Treasure and Space coast.

With the Canadian capital comes CONTINUED ON PAGE 8



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#### Vero banking changes CONTINUED FROM PAGE 6

more financial security, but at least some measure of loss of the local control that community banks thrive upon.

Riverside in the 1980s and Indian River in the 1990s built their reputations on friendly, first-rate service and knowledge of the local economy.

The entry of TD into the local market chased off Stuart-based Seacoast National Bank, which had raised \$200 million from investors to make a bid for Riverside. However, the terms to which TD agreed, including assuming tellers they would keep their jobs and more of the Riverside debt than is nor-

mal in these takeover scenarios, made a Seacoast bid untenable It is unclear if Seacoast, which main-

tains 8 branches in Vero Beach and Sebastian, will continue to look to expand into Indian River County. To be fair, the bigger banks – at least

those with a four-star balance sheet like TD Bank and RBC Bank -- bring security smaller banks can't overcome with better customer service.

Where Riverside struggled under the weight of loans to loyal customers gone bad due to a sinking economy, TD has \$140 billion in assets.

In fact, it has promised all the branch due to the extended hours of opera-

tion, said it will be looking to hire in the coming weeks.

The changeover to TD Bank has thus far been seamless for former Riverside customers, who even on Saturday had access to their online accounts and ATMs.

Should the TD conversion continue to be as smooth, it will be a far cry from the RBC takeover from the former Indian River National Bank. Though customers were promised a seamless transition to the Canadian heavyweight, they awoke to find bank cards that didn't work and different rules for handling deposits that left some businesses short of cash.

It is into this recent past that Center-

State will enter the Indian River County financial scene. CenterState is also a four-star bank, according to BauerFinancial (of the 285 banks headquartered in Florida only 51 hold a four- or five-star rating), and has assets of \$1.8 billion.

CenterState has said it intends to focus on being a "relationship" bank that will court customers with an emphasis on service and local connections.

Its initial Vero Beach banking office, which will be located at the old Fletcher's Appliance building on U.S. 1 and State Road 60, will be run by former Indian River National Bank CEO Andy Beindorf. He is also bringing on board former IRNB employees Dan Bockhorst, Diana Walker, Chris Bieber and Chris Pensch to head up his team.

"People want a full-service community bank and with Riverside and Indian River National Bank no longer here, there is a void," said CenterState advisor Karl Steene. "We think that leaves an opening."



### Correction **Electronic records**

In a story last week about local practices moving toward electronic medical record systems, we incorrectly identified a local practice that is charging a \$50 fee to patients to transfer records to electronic formats. The practice charging the fee is Indian River Primary Care.

The subject of our error, Primary Care of the Treasure Coast, not only does not have such a fee, but tells us they are among the most advanced locally in converting to electronic records.

While the similarity of the names of the two medical practices was a factor in our reporter's confusion, the mistake was entirely on our part and should not have occurred. We regret the error.



Page 8

# 32963

# Windsor hosts Education Foundation's charity shoot

### Page 10

# People

# **McCrystals honored with coveted Humanitarian Award**

## BY MARY SCHENKEL COLUMNIST

Their influence has resonated throughout Indian River County, so it was no surprise to see an exceptionally large crowd turn out to applaud Dr. Hugh and Ann Marie McCrystal as they were honored with the Dan K. Richardson Humanitarian Award.

The annual banquet, now in its fifth year and a major fundraiser for the Gifford Youth Activity Center (GYAC), was held at the Holy Cross Catholic Church Parish Hall.

The first Dan K. Richardson Humanitarian Award fittingly honored Dan K. Richardson.

Other recipients, all on-hand to support this year's honorees, were Alma Lee Loy, Eleonora and Robert McCabe and the Rev. Richard Murphy.

During the cocktail hour and after everyone sat down for dinner, talented musicians from the Gifford Youth Orchestra treated guests to some delightful musical selections.

Dan K. Richardson, Dr. A. Ronald Hudson and the late Dr. William Nigh were the visionaries behind the creation of the Gifford Youth Activity Center

Since it opened in 1998, the center has continued to expand in terms of both the size of the facility and the scope of the programs offered. Although its primary purpose remains the enhancement of academic achievement for children through programs like the After School Education Program and the Kellogg Academic Program for Success, older individuals are also now included with programs such as Special K for seniors.

"It's an oasis of change in Indian River County," said Woolfork. "We experiences there.



Freddie Woolfork with Ann Marie and Dr. Hugh McCrystal Photos: Mary Schenkel



Bob and Ellie McCabe with Sheila and Jim Mills



Louis and Joanne Hagopian, Jean DeCrane, Alma Lee Loy and Al DeCrane Marion Kennedy, Helen and Dick Post, Dr. Alastair Kennedy

want to be thought of as the Miracle on 43rd Avenue."

An alumna of the center, Latova Bullard, now a science teacher at Gifford Middle School, started at the center from the moment its doors first opened and spoke eloquently of her students; it was a wonderful experi-

"It was a safe haven to go to after school and I was there every day," she said. "It was safe, free and in our neighborhood so I didn't need a ride to get there. I started getting my own teaching skills by tutoring the younger ence.'



Bullard went away to college and returned to mentor and teach other children

"I am a product of what you have offered our community" she concluded. As McCrystal family photos flashed by on an overhead screen. Ellie Mc-Cabe began the salute to the honorees,



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remarking on their passion for friends. family and the community. McCabe said of Ann Marie, "She is one of the smartest, most determined person I've ever met, and also one of the most compassionate and understanding."

Carol Kanarek will be taking over as Chairman of the VNA & Hospice Foundation, a position which Ann Marie held for 19 years.

the shoes I'm filling are more like a size 106," quipped Kanarek.

Dr. McCrystal's guidance through several administrations and boards of the Indian River Medical Center.

"Hugh has been a major influence over health care in this community; it makes him, as we like to call him, the Methuselah of medicine. He has served the community brilliantly and continues to do so."

John Moore spoke movingly of the friendship between Ann Marie and his mother Pat and of growing up almost as part of the McCrystal household, adding, "As humanitarians, they are larger than life."

tal moved to Vero Beach in 1966 and have devoted a lifetime to improving healthcare in the community.

Ann Marie McCrystal is a trained nurse professional, founding member of the Visiting Nurses Association, served as VNA & Hospice Foundation Chairman, chaired the VNA Hospice House capital campaign, and now serves as Chairman of the VNA of the Treasure Coast.

Dr. Hugh McCrystal established a successful urology practice, served as Chief of Staff of Indian River Medical Center for 24 years, and formulated the Indian River Hospital District Board of Trustees.

family of three children, taught health education at local schools and have volunteered both time and resources for local organizations such as the American Cancer Society, Riverside Theatre, Senior Resource Association, Children's Home Society and the Indian River Community Foundation.

After receiving the award, Ann Marie McCrystal spoke first.

"It's overwhelming for us; it's a wonderful organization and we truly appreciate it.

"Dan Richardson was a visionary, a humanitarian, an entrepreneur and a philanthropist and it's a privilege to receive an honor in his name."

Dr. McCrystal also commented on the honor, saying, "The first award was given to Dan Richardson and I was honored to speak; now I'm humbled to receive the award."

"She may wear a size six shoe, but Dr. Alastair Kennedy remarked on

Dr. Hugh and Ann Marie McCrvs-

In addition, they raised a lovely



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# People

Page 12

# ELC goes down the rabbit hole to rebuild anew



Dean and Connie Phypers get into the spirit during ELC in Wonderland Photos: Keith Carson

BY MICHELLE GENZ STAFF WRITER

Never mind that an overcast sky and grevish river felt tunnel-like anyway. The entire effort of the Environmental Learning Center last weekend was like



Eileen Woodworth, (middle) stands with Keith Pelan, the Mad Hatter, and the Rabbit, Angie Jones, during ELC in Wonderland.

dropping down a rabbit hole, staging burned out two years ago. a fund-raiser in a tent outside, when the insides of its main building were

ought to have helped make things right again.

among the key proponents; he allowed his staff to cater the event, and what a spread it was. Deceptively deliriuminducing cocktails were passed out - vodka, seltzer and peach schnapps, looking for all the world like a nice cold glass of water. Whoo-hoo. And food sprouted from nowhere, in abun-



Mort and Sheila Lowenstein dress the part during ELC in Wonderland.

reopens next month, nearly two years after its biggest building was hit by lightening during an evening thunderstorm.

The fire that destroyed it and a nearby restroom facility stole 4,500 square foot of structure and all of its contents.

It seemed almost everyone kicked in - businesses, schools, families -and funds were raised to build a new Discovery Station. May 1, the ELC reopens with another huge party, this one free and open to the public.

Meanwhile at Saturday's benefit, at least one Cheshire cat was licking its lips at the prospect of the new structure's four aquariums, including one 13 feet long.

There will also be a "touch tank," where people can explore all sorts of live creatures from the lagoon, and a "Rise from the ashes," is how board life-size replica of a manatee's head. chair Eileen Connelly put it, as the ELC Take that for amorphous, Caterpillar.



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"ELC-in-Wonderland" was hence an apt theme, and the good sports who donned wacky hats, striped stockings, golden locks, and playing-card placards, had the right idea. Money: it would make things right again. Auctioned items and tickets around \$200

# Chef Joe Faria of Quail Valley was

dance – even before a buffet dinner.



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# LOCAL ATTORNEY PARTNERS WITH INDIAN RIVER COMMUNITY FOUNDATION TO FACILITATE DONOR-DRIVEN PHILANTHROPY

recently worked with John Moore, a leading estate planning attorney, to accomplish the charitable giving objectives of a local family.

"One phone call to the Indian River Community Foundation and I was able to help my clients achieve their philanthropic goal.

My clients established a small family foundation many years ago partly to engage their five children in charitable giving. As my clients were aging and their children were pursuing their own interests, there were fewer reasons to maintain the family foundation. It was becoming an unnecessary administrative burden and expense.

Foundation.

service."

### INDIAN RIVER COMMUNITY FOUNDATION

To continue the family tradition of philanthropy, I recommended they dissolve the family foundation and gift the assets to five individual donor advised funds in their children's names at the Indian River Community

My clients were thrilled with the easy, flexible, and convenient solution through our local Community



John E. Moore III, Partner at Rossway, Moore & Taylor

Foundation. We laid out what we wanted to accomplish and the Foundation made it happen. The Indian River Community Foundation provides a unique, valuable and thoroughly professional

If you are interested in learning more about how this charitable giving vehicle can help you achieve your philanthropic goals, please contact your trusted professional advisor.



# People

# Hibiscus Festival blossoms with record crowds



Alex Taylor, Second Runner Up and Miss Congeniality; Anna Hanks, First Runner Up; Chloe Rose, Miss Hibiscus 2009; Pageant Chair Elizabeth Graves Bass; Liz Diaz, Miss Hibiscus 2010 and Alex Bradshaw, Miss Phot Photos: Mary Schenke

### MARY SCHENKEL COLUMNIST

Festival drew record numbers of par ticipants and festival goers.

Despite a power outage and the threat of inclement weather, the Miss Hibiscus Pageant and the Hibiscus

About a half hour into the Miss Hibiscus Pageant on Friday night, a car crashed into a pole near the festival, bringing down power lines and dis-



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Judges (front) Shanna Ward and Nicki Kent; (back) Gary Embry, Larry Strauss and Eric Menger

rupting power to the downtown Vero Beach area, including the Heritage Center where the pageant was being held.

The evening had begun normally enough, with a welcoming from Pageant Chair Elizabeth Graves Bass and an initial introduction of the contestants and their escorts by Master of Ceremonies Flynn Fidgeon.

As the girls began the first round of contestant interviews, power was abruptly cut off, just as the 11th girl, Alex Bradshaw, was speaking.

Congratulations are owed to all the stairs to a darkened stage and facing the audience, sans microphones and stage lighting.

Twenty-two girls, ranging in age from 16 to 21 years-old, competed in the pageant, and did so with grace and poise despite less than ideal conditions.

As the scores were being calculated, using oil lamps and manual calculators, the talented young singer Austin McLaughlin entertained, and Chloe Rose gave her farewell speech, remarking on the fond memories she experienced as Miss Hibiscus 2009.

The award for Most Photogenic was given to 17-year old Alex Bradshaw. Another Alex, 18-year old Alex Taylor, was presented the award for Miss Congeniality, and was also named as alongside the Courthouse Executive the Second Runner Up to Miss Hibiscus. The title of First Runner Up was awarded to 18-year old Anna Hanks.

And finally, Liz Diaz, a 21 year old student at Indian River State College,

was crowned Miss Hibiscus 2010.

Call it fate, but almost immediately after the new Miss Hibiscus was crowned, the power came back on, and everyone could finally see her great big smile.

Hibiscus Festival day on Saturday was, by all accounts from vendors, festival goers and the volunteers who donated countless hours toward its success, the best and largest in its history.

The day began at 7 a.m. with a 5K run from the airport and from that point on, there was non-stop action.

"We had 131 vendors and from what contestants for bravely navigating the I'm hearing, almost everyone made money," said Marketplace chair Susan Viviano "There must have been 20,000 people; it was packed."

According to Maria Kovachev, Executive Director of Main Street Vero Beach, booth spaces had been sold out two-weeks prior to the event.

As the Festival continues to expand and evolve, organizers have been forced to reconfigure its layout, and this year swapped the locations of the Juried Fine Arts Show and the Children's Activities area.

It was the perfect change in venues for the two groups, allowing barefoot children to romp on the expansive lawn outside the Heritage center, while providing a wide, flat surface for the artists' tents, set up on the street Center.

Thirty-three artists participated and seemed to appreciate the change.

"I've had nothing but positive comments," said Lee Orre, who chaired





# People



showcased talented local performers.

The party continued into the evening with the 60's Festival Street Party. "We made sure there was more of a dance space this year," said Georgia Irish who chaired the Street Party.

"We also added more lighting to the stage and Bob Votruba brought in his One Million Acts of Kindness bus for us. With all its positive messages, it's a nice uplifting addition."

The amazing sounds of Bobby and the Blisters drew crowds down to the Street Party area, one block south of Vero Beach and Vero Heritage Inc.

the daytime Festival. Later, the crowd got into the groove as the band Beatles Remembered took them on a trip back in time.

They played several sets, also playing music from the Beach Boys (complete with beach balls batted around by the audience) and other popular bands of the 1960's and 1970's.

Funds raised at the annual Festival help in the preservation and growth of the historic downtown area through the work being done by Main Street

# Page 16 People

# Windsor hosts Education Foundation's 'Charity Shoot'

## BY MARY SCHENKEL COLUMNIST

Skeet shooting was the order of the day at the Charity Shoot, this year celebrating its 10th anniversary, .

Windsor's private Gun Club, Platt Station, hosted and sponsored the annual event, which raises money for the Education Foundation.

More importantly, the club's Gun Pro, Nicky Szapary gave participants instruction when needed and insured the overall safety of the shooters and spectators.

Proctor Construction underwrote the ammunition so that the majority of the proceeds could be used to target education rograms.

"This is my favorite event," said Cynthia Falardeau, Education Foundation Executive Director, as we watched several participants shoot at bright orange colored disks (clay pigeons) that had been flung into the air by mechanized traps

Three-person teams were randomly



Education Foundation Executive Director Cynthia Falardeau, sponsor Don Proctor and co-chair Jose Prieto Photos: Mary Schenkel

drawn, which helped to level the playing field, and the scores were based on a combination of the results in the Driven Game Simulation and Quadruple Three Stand competitions. While the majority of the 36 shooters had some previous shooting experiences,



Patrice Stowe, Lee Etheredge IV, Sue Tompkins and Mary Miner

there were also a few novices sprinkled among the competitors.

Dede Snowden had just finished the demanding Driven Game Simulation portion of the competition. In that flight, shooters each have 40 shells and four minutes to hit the 100 targets Indian River County's Programs.

being launched their way. "They also sell Mulligans for extra shells, and I take every shell I can," Snowden said with a smile

Proceeds from the Charity Shoot benefit the Education Foundation of



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P.24

# **Choral groups mark end of season with classical works**

#### BY JULIE TARASOVIC CORRESPONDENT

When the Atlantic Schola Cantorum and the Atlantic Children's Chorale took the stage Sunday at the Community Church, it marked the fifth anniversary of the creation of music director Dr. Jose Daniel Flores.

And for the Vero Beach Choral Society, two concerts earlier this month wrapped up its 25th season, with performances at Trinity Episcopal Church.

That group of 40 voices, formerly at Community Church, is now under the direction of Daniel Koh, chairman of the music department at St. Edward's School.

The program consisted of classical works by Brahms, Haydn, Monteverdi and Lauridsen to the accompaniment of organ, piano and a Viennese string trio.

With the Vero Beach Choral Society midway through its third decade, the two dozen members of Atlantic Schola Cantorum, or ASC, are the new kids on the block. And the name is apt.

"It means 'school of singers'," says Flores. Along with the 18- member children's chorale, the ASC performs sacred chamber choral literature from

the Renaissance to Modern periods. Members of the ASC are mostly professional musicians, music teachers, and choral directors who have significant training and experience.

"These people have very busy lives and want to be a part of this group. That, to me, is very special," says Flores

"It's an honor to know that I have such accomplished and competent singers.'

ASC members must audition every two years. The children's chorale, or ACC, are Treasure Coast students from fourth to ninth grade, and come recommended by their school music teachers

"They're highly motivated," says Flores. "They must remain in their school choirs and have taken on the



Artistic director Daniel Koh leads the Vero Beach Choral Society in a concert at Trinity Episcopa Church. Photos: Tom McCarthy Jr

challenge of being in the ACC. The choirs like the ASC and perform with music that we study and sing is very professional musicians. difficult but it also gives them the opportunity to sing with high caliber sic was born out of the church. But

"This beautiful sacred classical mu-



# Summer is here. It's time to go boating!



some churches have forgotten about this music," says Flores.

"I saw a need to rescue this woncaliber choir."

choirs is to be a touring group.

next couple of years, but for right now we are local.

and only in season.

birds and they are only here part of the year," explains Flores.

The non-denominational choirs also perform in other venues with other guest conductors. "I like to give my colleagues the opportunity to work with these groups," he says. "I think it is good for the choir to experience other styles of these very capable conductors.'

Juvenal Correa-Salas, a gifted pianist who was Associate Music Director at Community Church for 5 years, joined the choruses Sunday, playing the works of Haydn, Turina, and Chopin.

In his seven-year tenure as music director of Community Church, Flores has elevated the church's already solid reputation for musical excellence; it is widely regarded as among the most respected music programs in the region.

The ACC won an audition to participate at the "Sing A Mile High Choral Festival" in Denver, Colorado this summer.

The next concert that the ASC and the ACC will perform is the second Sunday in July, when the Community Church will officially dedicate the new pipe organ.

for organ and choir by French composer, Louis Vierne," said Flores.

The new organ, which arrived in February and will take 3 months to tune, was built in the tradition of 19th century French Romantic organs. "It is a gorgeous, unique piece of art and I will be practicing for at least 2 weeks straight before I play in public," says Flores

The Vero Beach Choral Society was founded in 1984 under the direction of Dr. Ray Adams and a handful of music lovers committed to performing classical choral music. Long renowned both locally and even internationally for the quality of its performances, in 1991, the group was invited to perform at the "Bridges of Song for Peace Festival" in Estonia and in 1994"

It was seven years ago that the group's founder Ray Adams left Community Church as music director to become director of the Visual and Performing Arts Program at the Indi-

# Arts/Theatre

One of Flores' objectives for the

"I envision that happening in the

The choir performance twice a year,

"Some of our members are snow-

"It will be a beautiful solemn mass

an River Charter High School.

Jose Daniel Flores took over at Community Church, with his brother derful repertoire of music with a great Marcos Flores leading the Vero Beach Choral Society for the next two years.

Then a Sarasota director, Joe Spinella, took over, and the style of the group's music changed. Membership fell off, and Spinella was replaced last year with Koh, who took the group to Trinity Church.

Its spinoff, the Treasure Coast Chorale, which does not require auditions, is now hosted by First Baptist Church.

Although the Vero Beach Choral Society previously ventured into singing some popular-style music, the classics are the group's preference.

"We prefer to sing classical music, and get back to our (founding) roots," said Marilyn Beukers, a voice major who once sang professionally. "We like the challenge.

Enrollment is now back up to what it used to be, and they are performing the music they want to sing.

"They wanted to return to classical choral music as the mainstay of a concert repertoire but without be-

ing predictable about it," says Koh. "That's really fun for me."

Like the choristers he has led since January 2009, Koh is enthusiastic about the group and its music.

"I love the growth they've shown over a three-concert series. They were so willing to work with a new director and they work so hard to make the concerts as good as we can make them. It's really gratifying," Koh said.

Correspondent Barbara Yoresh contributed to this report.



# Young cast a fun treat in Riverside's Mulan Jr.



The cast of Mulan, Jr. at Riverside Children's Theatre

BY L. L. ANGELL COLUMNIST

From the moment the company enters Kathryn Stephens' ingenious set, Kevin Quillinan, director of Riverside Children's Theatre, transported a full house and cast of 43 to ancient China for the remarkable tale of Fa Mulan.

"Disney's Mulan Jr.," the adventure story based on the ancient Chinese legend of Fa Mulan, opened to exuberant applause last weekend.

The sheer size and scope of the show make it a challenge. But it works beautifully because, as Quillinan points out, the production is a showcase for the best of the Riverside Children's Theatre's program, from a large cast of all ages to professional sets, costumes, props, sounds and lighting.

The story concerns a girl who disguises herself as a man so she can fight in the Chinese army. Brave Mulan (Shannon Malloy) voluntarily takes her aged father's place in battle against the astonishingly hairy Huns. Just moments before the Hun invasion, Mulan was learning how to be the perfect bride. She does not seem quite cut out for a life of servile domesticity, however.

Enter the Ancestors, five prim Chinese ladies who believe in following tradition no matter what. They try to impress upon Mulan the importance of loyalty, duty, and service---Chinese style.

The matchmaker (Emma Johnson) is wonderfully witchy as she viciously rebukes Mulan for all her errors, shouting "Strike One! Strike Two!

accent

Poor Mulan is clueless. So it's almost a relief when the Huns invade and Mulan gets to break free and disguise herself as a man.

But Mulan fighting against the horrible Huns isn't the only life-or-death crisis afoot. Mushu, the rebellious dragon and former palace guard, has offended the powers that be. Consequently he's been kicked out of the palace. Mushu (Megan Taylor Callahan) is determined to reclaim his rightful place as guardian of the gate. But how? Perhaps, if he defends the Emperor alongside Mulan, the palace will take him back.

Anyone who saw Callahan perform in the lead role of "Snoopy" knows she is a natural comedian. As the diminutive dragon, Taylor wears a shiny red jumpsuit and a marvelous headdress with spiky black horns. She struts around, delivering her lines with impeccable comic timing and just the right amount of gleeful chutzpah. And she really throws herself into this part. Trying to blow fire, like every dragon should, Callahan literally throws herself on the floor and slides---alas! No fire

Right up to Taylor's comic performance of "Keep 'Em Guessin'," all has been proper Chinese decorum. How did Quillinan and choreographer Adam Schnell transport these 43 kids. all enthusiastic members of the 21st century, to 6th century China so convincingly that every gesture is utterly Chinese?

Quillinan says they didn't want the actors to behave as though they'd just gotten off their cell phones.

"We had many discussions about Strike Three!" with a wicked Chinese the importance of honor and family in

Chinese culture," says Quillinan. "I did a lot of one-on-one with Mulan and Mushu and the Ancestors to get them in the mindset of the characters."

It worked. These young actors are in character with every line they speak, not to mention, every move they make, whether dancing or simply walking across the stage.

"Kevin wanted a serious nod to the exploration of Chinese culture, more than we see in the movie," says Schnell. "In choreographing for the theatre, the dance must advance the story. There's a specific style of walking, of holding the hands, everything. For example, the movements in the Bamboo Stick Dance come directly from Tai Chi."

These actors are so good at being Chinese that it's especially impressive when they break into a swing-time dance number in the finale of Act I, "Keep 'Em Guessing".

"It's straight four-four time at the start," says Schnell. "Then it goes into hip-hop. The kids really responded to that freedom after having to be so restrained in their Chinese movements."

It's truly a joy when these young actors fill the stage performing complicated choreography without a single hitch or hesitation.

Combine the great dancing with equally great music from Musical Director Deborah Quillinan, who does a stellar job with a very diverse cast. There are many experienced singers including Mekenzie Moses, Olivia Gail Tardif, and Erin Cady along with Callahan and Malloy. But Quillinan does wonders with the "non-singing" members of the company as well.

"We're trying to get kids out of their usual groove," Quillinan says. He points out Nate Karabensh who

April 23rd & 24th







Shannon Maloney as Mulan

of men not counting the disgustingly hairy Huns. Karabensh, who played Charlie Brown in this season's "Snoopy," didn't have a solo in "Mulan, Jr." but he was definitely singing with the company. Even more impressive, Karabensh had all the right moves leading the Bamboo Stick Fight and expertly waving his fan in an impersonation of a fair young maiden. All the manly soldiers are very funny in their disguises as innocent maidens when they rescue the Emperor.

"Typically in the theatre, you have more girls than boys. It's important in this show for the guys to be strong and pull together," says Quillinan. "As a group, they exceeded my expectations.

A few standout moments from the guys: as the truly horrible Huns, Ryan Roberson is a fierce marauder who storms on stage, wreaking havoc with the equally nasty Michael Darby and Malcolm Verbeck at his side. These three are beautifully cast for maximum laughs with their snarling sneers and goony expressions.

And Jay T. Wiggins does a lovely job as the snarky little factorum always making lists of who to betray.

Malloy is a superb Mulan, alternately comical and serious, vulnerable and courageous, always impressive. She takes command with her first energetic leap on stage. And Callahan is the perfect foil for Malloy. Not only is she

# Arts/Theatre

plays Captain Shang, the most manly

a comedian but she's a strong dancer who pirouettes beautifully.

There is one more key character in the show. Clara Grace Martin as the endangered emperor is most compelling. Poised, centered, and exhibiting a sagacity well beyond the age of eight, Martin's emperor has grace and wisdom. With a waist-length white spiral of beard a la Fu Manchu, Martin knows when to be serious---bestowing a medal on Mulan for rescuing her. and when to be crazy---body surfing over the soldiers heads as they carry her in triumph.

She may be only eight, but Quillinan had no worries. "I have as much confidence in Clara as I do in many of the older cast members," he says.

Kathryn Stephen's set is especially ingenious. Not only is it beautiful---a backdrop of rolling Chinese mountains and sky, changes color from moment to moment. But Stephens, part of Riverside's Mainstage crew, has designed three, pagoda-style pieces. The wooden platforms are on wheels and can be easily rolled around to create a myriad of different sets, like giant puzzle pieces.

April Bowman's costumes are convincing and clever, all original to Riverside. With terrific lighting design by Michael Bell, sound design by Karl G. Kern and props by Richard Mason, there's one more piece to the puzzle of this show's success: a great stage manager in Lisa Renkel.

"Mulan, Jr." runs through May 2. For tickets call the box office at 234-8052 or visit www.riversidetheatre.com. For information about upcoming camps, call 234-8052.





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# **Celebration of life as 'Vero Sings for Victims'**



The John's Island Chorus Ensemble sings "It's in his Kiss" during Vero Sings for the Victims. Photo: Keith Carsor

#### BY BARBARA YORESH CORRESPONDENT

On August 29, 2000, Cynthia Bigelow, 46, who owned an antiques shop on Old Dixie Highway in Vero Beach, was brutally stabbed to death during a robbery at her store.

"She was in the shop by herself and the only thing taken was the ring on her finger," said her mother, Ann Ferree, past president of the Indian River County Victims Rights Coalition.

The perpetrator – a repeat felon with a lengthy rap sheet – was taken into custody that same day and later confessed to the crime.

In memory of Cynthia and all the other victims of violent and senseless crimes which occur in the county, the inaugural Vero Sings for the Victims fundraising event to support victims of murder, rape, battery, assault and DUI was held this past Sunday at the

Waxlax Center for the Performing Arts at St. Edward's School.

Featuring live performances by some of the area's most talented student and professional singers and musicians, the event was the brainchild of volunteer victim advocate Martha Lemasters following an experience which for her was a seminal moment

While working with a victim during a court proceeding, Lemasters asked the victim to go out to lunch during a recess. Although the victim wanted to go, the loss of income to missed work, doctor's bills and other factors resulting from the criminal battery precluded an ability to afford a lunch.

"I sort of live in an ivory tower and when I heard this I had an angel message. All of a sudden my eyes were opened and I went to the state attorney with a great idea," Lemasters said.

She approached State Attorney

Bruce Colton of the 19th Judicial Cir- Maya Ratzey on guitar and Corey Peicuit and presented a plan for an event to raise funds to help offset victims' expenses such as babysitting fees, doctor and medical expenses, lunches, rent and or other bills that accrue during the many court appearances and depositions needed to try a case. Funds raised will be managed and distributed by the director of victim's services at the State Attorney's office, Lemaster said.

Since Lemasters had been producshow at John's Island, she thought a show of high caliber entertainment would be a great fundraising event.

"Many of the musicians have been with me for seven or eight years doing the John's Island show and I had heard many of the others sing.

"I've collected all these wonderful people and was even approached by others who wanted to be part of it. It's a real community effort," Lemasters said

Dr. Ray Adams is well-known in the Vero Beach area for his years of involvement with musical endeavors and performance. But what many residents may not know is that Adams and his wife Phyllis lost their son Nolan five years ago as a result of an overdose of methadone sold to him by a drug dealer who was an habitual offender.

"The victims advocate program stood by our side during the trial which lasted over a four-year period. It's a privilege for us to be able to give something back to the community," Adams told the Waxlax Center audience

Adams served as the show's key-

ffer on piano.

Waxlax Center administrator and St. Edward's School director of theatre Jennifer Patty is a former New York City-based singer who has appeared in countless Off-Broadway and touring shows wowed the Vero Sings for Victims audience with a powerful rendition of the Beatles' classic "Let It Be.'

"I hadn't sung lately and I was just beginning to miss performing. This ing an annual end-of-season variety was not a cause I see every day and I was really moved by what Martha wanted to do.

Joining her were vocalists Edmund Nalzaro, Shamara Turner; Eleanor Dixon and Beth McKenzie-Shestak. regular performers at Theatre-Go-Round in Vero Beach; Barbara Taylor, St. Edward's School Senior Glee; Corey Peiffer, Gary Miller's Chorus Ensemble; the Indian River Community Mass Gospel Ensemble and the John's Island Chorus Ensemble. The Doerfels Bluegrass Band played during intermission.

Sheriff Deryl Loar and Colton were on hand to support victim advocacy.

"This is the beginning of National Crime Victims' Rights Week and this is an awesome opportunity and time to recognize all victims' rights.

"This brings awareness to the community and to also let them know that we are second only to Palm Beach County in the state in pursuing compensation for victims and recouping money from the state," Loar said.

On Monday, April 19 in commemoration of victims' rights week, an annual ceremony was held at the county courthouse in memory of all victims board player joining Rich Mola on who lost their lives and to assure that drums; Dave Mundy on bass guitar; crime victims are accorded fairness,



## BY RICHARD ARMITAGE COLUMNIST

With a spectacular program of American and Czech music, the Brevard Symphony completed its current season in Vero.

The program, entitled "Postcards from America," and performed at the Community Church April 11, included Antonin Dvorak's masterpiece, the "Cello Concerto in B Minor," Ferde Grofe's "Grand Canyon Suite," and Gregory Rians Smith's "Notions."

certo while working in America during his three-year tenure as Director of the National Conservatory of Music in a particularly productive period for him. In addition to the Cello piece it based on Native and Western melodies, and his powerful Symphony No. 9, "From the New World," which incorporates African-American melodies as well as Czech folk music.

the top of the line in this idiom, was brilliantly performed by Julie Albers. Albers, who started studying violin at age two and later switched to the cello at four. Now 29, the highly talented Albers has a resume which includes performances with many world class orchestras.

In Dvorak's piece, Albers concentrated on the beautiful melodies, leaving the fireworks to other masters like Casals and Rostroprovich. Dvorak's homesickness for Prague

was no secret. The concerto starts with the introduction of two themes, both striking this reviewer as Czech, though others say one is African-American. After a long orchestral definition of both themes, the cello enters insistently and takes over the action. Ms Albers' skillfully used the beauty of the music to enforce her will. The Brevard Symphony's accompaniment supported the soloist superbly throughout the piece.

The second movement consisted of variations of the two themes and conversations between the cello and the orchestra including particularly beautiful duets played by the soloist and the clarinet, and the soloist and the horns. The last movement put Dvorak's imprimatur on the piece with fast and rhythmic Czech music ending in a short and powerful orchestral finale which brought audience members to their feet with cheers, applause and curtain calls for Albers.

# **Brevard Symphony has spectacular end to season**

Dvorak composed his Cello Con-

The Cello Concerto, long considered

Ferde Grofe' musical landscape



Cellist Julie Albersat performs with the Brevard Symphony Orchestra under the direction of conductor Christopher Confessore at the Community Church of Vero Beach. Photo: Tom McCarthy Jr

Director Christopher Confessore introduced the piece with an explanation to the audience of its history. The suite is known for its nothing-lessthan-spectacular orchestration of its very descriptive content.

It starts at "Sunrise," as might be expected. The first element is a crescendo develop-

painting, "Grand Canyon Suite," filled ment of three notes interrupted ocalso included his "American" Quartet the second half of the program. Music casionally by bird calls; it ends with

the sun in blinding majesty above the Arizona desert. A walk in The Painted Desert is the subject of the second description. The heat of the sun is palpable on the rock formations and the multi-colored sands.

The third, "On the Trail," is a burro ride over ancient trails. A solo violin introduces the slow rhythm of the burro's gait. "On the Trail" ends with a burro's bray which leads into "Sunset" and a descriptive decrescendo punctuated by animal calls and a setting sun.

By evening's end, the Brevard Symphony and Maestro Confessore were waved goodbye with a long standing ovation by a very appreciative audience. The 18th session of the Indian River Symphonic Association closed with anticipation of next year.





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# A paparrazo and the ospreys of Pelican Island

#### CONTINUED FROM PAGE 1

Page 24

he watched them bicker and woo, tions. work and loaf, pine for each other and turn a cold shoulder, bring home the mullet, and ultimately raise a family.

Among birders, Montanaro has won statewide acclaim for his efforts and the video presentation he has assembled from the long, mostly solitary study he calls OspreyWatch.

Saturday, Montanaro presents his "Ospreys of Pelican Island: An Exploration into the Life of the Fish Hawk" to the Florida Ornithological Society as part of the group's three-day annual meeting in Vero Beach. It will be his 73rd presentation of the program around the state.

Thanks to Montanaro, the barrier island ospreys may be the best-known birds in Florida.

Montanaro, a Vero native, has been the lone staff member of the Pelican Island Audubon Society since 2004, handling the website, the bookkeeping, the monthly newsletter and fielding calls of bird sightings and ques-

Though few visitors realize his stature at Audubon, or appreciate his almost encyclopedic knowledge of not only nature but a myriad of other subjects, it is Montanaro himself who gives tours of the Oslo Riverfront Conservation Area, a 365-acre preserve at the easternmost point of Oslo Road,

where the Audubon chapter is based. When he leaves work at 1 pm, he takes on any number of assignments at no pay. Most have to do with nature, though in addition to photographing birds and other wildlife, he has also documented two disparate aspects of life in Florida: cattle ranches and rocket launches – even his dog, Sam, has caught the bug from so many trips to the Cape: he has trained himself to scan for contrails, and his nose suddenly going straight up likely means a

iet is overhead. The focus of Montanaro's osprey studies is a 20 minute drive up A1A, north of the Wabasso Causeway, along



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The female Osprey is leaving the nest with the fish the male Osprey, standing at right, has just brought her.

Jungle Trail.

From a non-public area of the Pelican Island National Wildlife Refuge, with the blessings and the key to the gate from the Fish and Wildlife Service, the soft-spoken Montanaro invited himself into the lives of a bonded pair of fish hawks, with spectacular results. His photography of the handsome birds shows a degree of commitment -- self-effacement, even -- that few would endure.

Though friends occasionally joined him, sweating in the sun or shivering through a cold front, and nearly always swatting at mosquitos, most of Montanaro's hours were solitary, his thoughts utterly absorbed by the actions of the birds, his camera trained on the nest or their favorite roosts nearby, or the airspace just over his chair.

"Ospreys fly the same route," he says. "It's like there's a road on the sky. If you know where it is, you can set

When dusk made observa-

tions impossible, he would head back to his home, transfer the images to computer, his and write up all that he had seen, often until 2 a.m.

As for the birds themselves, so at ease were they with his presence that when

the last fledgling went to test his wings after 120 days of gazing down at Montanaro from the side of the nest, he flew directly at him, swerving only at the last minute.

Everyone may talk about falling in love with Vero's natural beauty; Montanaro has pursued the relationship. That one man, by sitting still in one place, could glean so much about another species, its needs and apparent emotions, is a testament to priorities and patience.

Watching Montanaro's presentation is a guilty pleasure, like a meal downed in minutes that took a chef hours to prepare. For anyone whose head has snapped at the sight of the huge hawk pursuing daily life above the Indian River Lagoon, Montanaro has performed a huge service: he has hit the brakes, idled the boat motor, stopped the rush of the world for a while to observe the osprev and learn.

Clearly, Florida is in Montanaro's



Vero Beach in the 1950s and bought orange groves; as a boy, Bob, who grew up on Mockingbird Lane in Central Beach, worked after school cleaning out culverts and irrigation ditches. He always had an interest in wildlife, and he also had a passion for cameras.

"I started taking photographs as a very little child with an Instamatic," "The pair were both crying the he recalls. "By high school, I had a whole time," he says. "They were really super-8, and in college I got a 35 mm confused, and pretty distraught. SLR." Majoring in history at the Uni-He came back the next day to find versity of Central Florida, he went on a clump of seaweed optimistically deto earn a master's degree at Florida posited on the broken trunk. Then the State, and stayed on to teach briefly at bird came into view, with a stick, trying valiantly to affix it to the seaweed. Tallahassee Community College. When a friend from childhood When the ospreys finally gave up, they were able to choose another tree near-

moved to California, Montanaro went out to visit, and ended up staying for ten vears, most of it in the East Bay area near San Francisco. "I just loved it," he says. "The mountains, the valleys, the cool weather, the people."

and at the same time, decided to go back for a second undergraduate degree, this time, in graphic design. Just to Vero Beach, primarily to help care for his ailing grandmother.

In 2003, he was asked by the Fish and Wildlife Service to help stage a photography contest for the centennial celebration of Pelican Island National Wildlife Refuge, a role he continued for the next five years, along with "anything the refuge had to do," he says – he was named volunteer of the year in 2004 and 2006.

In 2005, an extraordinary book came out that would prove to be Montanaro's inspiration: "Return of the Osprey," by David Gesner, about the ospreys of Cape Cod.

In it, Gessner followed four nests in what Montanaro describes as "a pageturner." The images stuck in his mind for weeks. "Then one day, I was out of the refuge and I came upon an osprey nest that was perfectly suited to taking photographs.'

The ospreys, who take a break from each other through summer and fall and "loaf," as Montanaro describes it, had just returned to begin the mating and nesting ritual.

In a moment, it came together for Montanaro: he would devote the next four months to watching the ospreys. In the shade of their towering Australian pine tree, he would set up nearly every day in the exactly same spot, rain or shine, pulling out his digital camera with its telephoto 600 mm lens, a 2x teleconverter, and a tripod, and staring at the birds.

"I had no idea until I watched the birds and what they did all day long how intricate their personalities actually are, and how intelligent they are,"

# Arts/Theatre

He got a job with Wells Fargo Bank,

blood. His grandparents moved to he says. "Birds surprise you. They do things you would never imagine they would do, unless you've spent time watching.

Montanaro describes the birds' consternation when they returned one year to rebuild their nest to find the top of their beloved pine tree snapped off in a summer storm.

"They got over it," says Montanaro. "And they were able to build another nest in the same area. But when we make decisions about land use, we don't take into account how complicated the original residents of the area are, and what their needs are. It's very difficult for them to move to a different before completing it, he moved back area and set up shop all over again."

The osprey remains a threatened species, though it managed to survive predicted extinction in the early 1970s due to thinning of the eggshells by the pesticide DDT. Today, even utility companies are in on the effort to protect them: some actually build platforms on power poles to give the ospreys a place to build their nests.

Florida's ospreys, unlike ospreys in per day. the rest of the country, don't migrate. They mate for life, though they do take a break from each other off-season. When they return to the nest, they inevitably remodel and add on - some nests can weigh as much as 1,000 pounds.

Both males and females sit on the eggs, though typically, the female does most of the sitting while the male fawns over her, bringing her fish to eat, spoiling her by presenting it minus its head – a chore that even with the osprey's sharp hooked bill, still takes an osprey a good hour to accomplish, an apparently undue burden for the nesting mother bird who needs to conserve her energy to brood.

Ospreys fish from a sheer drop, diving as much as three feet into the water for a catch, grabbing the slippery fish with their razor sharp talons - tiny spines on the pads of their toes act like Velcro against the slimy scales. Unlike most birds, ospreys have one opposable toe in addition to the usual "thumb" and can thus arrange a fish aerodynamically parallel to their body to carry it back to a feeding perch.

In courtship, it might use the fish as an accessory in what is known as "the sky dance," a showy spectacle of looping maneuvers thought to attact a mate. Ospreys are expert at come-ons: In the weeks prior to the female laying eggs, they enjoy a veritable honeymoon of mating, often multiple times

They are also less than discreet in their tastes for nest building. Montanaro points out their fascination with pieces of rope, amazed at how they manage to find so many scraps in so many colors. (One osprey authority found a Barbie doll worked into one nest.)

Montanaro has watched the birds fly into trees, legs extended -- the same sort of attack mode as in a dive for a fish, swiping at a branch like a kickboxer, trying to snap it off.

Carting home some preposterously awkward stick or grass clump, the male osprey in Montanaro's photos seems to wear a "get a load of this" look, then diligently proceeds to poke and prod for an hour, until the thing finally falls -- or gets shoved in frustration -- over the side to the ground.

At other times, his birds seem wistful, disappointed with a mate gone too long, or stingy with a fish, or uninterested in her re-do of the nest.

Montanaro himself seems wistful that, after three years with the ospreys, he has moved on to other obsessions. For the past year, he has photographed life on the working ranch of Sean and Sharon Sexton, now preserved by the Indian River Land Trust. He has also been indulging in a lifelong interest bookmaking, producing handmade collage-like books as works of art, seeking submissions from local writers for their pages.



narrow channel to the east, with bar-

ren Vulcano peeking out from behind.

Beyond diminutive Panarea to the

northeast, lava flickers on the flanks

of fuming Stromboli, and from the

village of Pollara you can watch the

sun set over tiny Filicudi and Alicudi.

which trail like ellipses into the west.

In September I came here by hydro-

foil, a three-hour trip from Palermo

to Santa Marina Salina, where people

in wet bathing suits were lapping ge-

lato on the waterfront piazza. The taxi

to my hotel rounded the northeast

side of the island, passing the Capo-

faro lighthouse and vinevards heavy

with almost ready-to-harvest Malva-

sia grapes that give their name to the

island's well-known dessert wine. The

road corkscrewed, then straightened

out as it approached the town of Malfa.

Set on a sloping plateau above the

## Page 26

# Travel

# North of Sicily, Salina erupts with calm beauty

## BY SUSAN SPANO LOS ANGELES TIMES

I can stop looking now. I've found my dream island.

It's Salina, one of seven small Aeolian Islands (also known as the Lipari Islands) cast up by volcanoes in the Tyrrhenian Sea about 50 miles north of Sicily. They're accessible only by helicopter or boat, so that keeps crowds at bay. All of them are enchanting, including the main island of Lipari, where my Italian grandfather was born.

But Salina is divine, partly because it is just the right size, with a population of about 3,000 on 10 square miles, wrapped around two almost identical volcanic cones: 2,818-foot Monte dei Porri and 3,156-foot Fossa Delle Felci, the highest peak in the archipelago.

Volcanologists say the twins last erupted 13,000 years ago. Colonists came from the mainland, followed by in the late 19th century spurred mass Greeks and Romans, though the island remained sleepy and remote and thus mines closed. After that nothing much



The sun sets beyond Filicudi, another Aeolian island west of Salina in the Tyrrhenian Sea.

out of the mainstream. A grape blight emigration, and in 1953, Salina's salt



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The black sand beach and sea caves at Rinella on Salina's south coast. Sicily is usually visible on the horizon

happened, apart from the arrival of tourists and filmmakers, including jumble of classic, cube-shaped Aeoli-Michael Radford, who used the island as a set for the 1994 movie "Il Postino."

Unlike Sicily, Salina has no great archaeological sites or artistic treasures to see. Indeed, Salina's only attraction is its own sweet self. It has a pair of ports, Rinella and Santa Marina little green buds that give a kick to is-Salina; a few sun-struck villages set among olive groves and caper farms; about 30 miles of cracked singlelane roads bordered by bright yellow broom; swimming coves with transin every direction.

island's rocky north coast, Malfa is a an houses in tutti-frutti colors. Porches lined with jugs of homemade wine are festooned with strings of tomatoes drying in the sun next to beach towels. Bushy caper plants stake claim to every vacant lot, bearing the precious land fish and pasta.

Malfa's main street has a church and piazza where the vegetable truck stops and a few booths that sell boat excursions to neighboring islands, includlucent water; some of the best food in ing nocturnal visits to Stromboli. In the Mediterranean; and glorious views the height of summer the town holds concerts and film series. Apart from The Sicilian coast hangs low on the that, there's nothing much to do besouthern horizon. Lipari is across a sides sitting at a table shaded by an



SICILY

umbrella nursing a granita de café. This island specialty lives in the same family as iced coffee but is way more delectable than anything by the same name served at Starbucks.

Side streets start out wide enough for cars and motor scooters, then narrow to admit only pedestrians, most of at Punta Scario or to one of the hotels on the cliff above. The perfect island has to have a per-

Vero Beach 32963 / April 22, 2010

# Irave

MESSINA

fect place to stay, and the Hotel Signum is about as close as it gets, in my book. It has 30 endearing rooms decorated with ceramics, potted plants and other island bric-a-brac, set around two shady patios and an infinity pool where you can gaze endlessly into the sea. The rooftop bar offers front-row seating for Stromboli's nightly fireworks display, and the veranda restaurant is one of the best on the island.

I arrived in time for lunch, starting with a simple green salad followed by lasagna in a signature Aeolian sauce of tomatoes and capers. (Later I tried to re-create it in my kitchen at home, with disappointing results. Some tastes don't travel.)

Dinners were even better: fresh grilled swordfish, stuffed calamari, baby clam spaghetti, accompanied by Tenuta di Castellaro Bianco Pomice, a white wine from neighboring Lipari that tastes ever so slightly of peaches. Then pistachio semifreddo, a few sips of heady Malvasia and very sweet dreams

Honestly, I don't have a financial stake in the Hotel Signum. It is owned them headed for the swimming cove by Salina-born Michele Caruso, the chef, and his wife, Clara Rametta. They started it 25 years ago when there were no other hotels in Malfa, which is how



The church of the Madonna del Terzito presides over the Valdichiesa vallev.

locals wanted it. Since then the couple ber raft and launched it into the waves have added a stylish spa, and Clara has started collecting material for a Museum of Emigration in Malfa, which

wasn't open during my visit.

The island shared the woes of the impoverished Italian south, which sent waves of emigrants to the U.S. around the turn of the 19th century and to Australia in the 1950s. Most of them put down roots, but a surprising number of others, including Clara, who studied psychology in Boston, staved only long enough to get an education and earn a bit of money before coming home.

It is easy to see what called her back to Salina, beginning with the cove about 200 feet below Malfa. It's reached by a paved path that hugs the hillside on its way to the crenellated black pinnacle that marks Punta Scario. The beach is small, secluded and paved with wobbly boulders, worn smooth by the elements. At the cabana cafe tucked into the cliff, I had a shot of espresso, rented a rub-

where I rocked like a baby in a cradle for the better part of the afternoon.

A little fleet of buses shuttles among

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# Travel

the villages of Salina, but most people get around by motor scooter, so I rented one the next morning to explore the island's east coast. Its top speed was about 40 mph, and the word "tourist" was emblazoned on the back plate. Good thing, because I'm a public nuisance on a scooter, constantly confusing the throttle with the brake.

Still, I loved putt-putting back around Capofaro to Santa Marina Salina, a great metropolis in island terms: It has ferry and hydrofoil ticket offices, cash machines and a post office. Its main street, Via Risorgimento, contains cafes, a bookstore and a few boutiques where women try on floppy sun hats and skimpy bikinis. In the piazza by the port is a twin-steepled, cantaloupe-colored church, paved with majolica tile donated by island lovers King Albert II and Queen Paola of Belgium.

Just beyond Santa Marina the road levels out as it approaches Lingua on the southeast hem of Monte Fossa Delle Felci's skirt. The salt that gave Salina its name was mined from a halfway between a sandwich and a pizstagnant lake near the waterfront, now za. Three women from the mainland an environmentally protected wetland let me join them at their table, where where sandpipers and storks hang out.



Leni, beneath Monte Fossa della Fleci, is the island's agricultural heart, wing capers, grapes, olives and tomatoes.

stopping by in yachts — are more attracted to Da Alfredo, a restaurant in the marina where people wait in line for pane cunzato, the house specialty, I wolfed down a pane cunzato topped Human migrants — especially those with tuna, mozzarella and tomatoes.

me to order a delicious fresh melon and mulberry granita for dessert, then insisted on paying my bill. Happy people are generous people. So it goes on Salina. The next day I took a

bus across the saddle of land between Monte dei Porri and Fossa Delle Felci to the farming town of Leni. where I stopped at the d'Amico

Azienda Agrobiologica to sample the farm's red and white wines. Between sips I cleansed my palate with homemade caper paste spread on rounds of crusty bread, my idea of the perfect appetizer.

down a long series of switchbacks, honking all the way, to the minuscule

port town of Rinella, which has sea They advised caves and a black sand beach.

After watching ferries dock and fishing boats come in, I bought a sandwich at a cafe, caught a bus back up the hill and got off at an avenue leading to the church of the Madonna del Terzito. It presides peacefully over the Valdichiesa valley, a pilgrimage site and retirement home for elderly islanders who refused to leave when their children emigrated.

A path behind the church climbs to the summit of Fossa Delle Felci, part of a nature preserve created in 1984 that keeps almost 4,000 acres of little Salina wild and free. Halfway up the mountain, I turned onto a secondary path leading back down to Malfa, according to my map, though a group of German hikers I met said I was going the wrong wav.

They were right and wrong. The path was treacherously steep, in poor condition and hard to follow.

But I stuck it out and finally came out of the underbrush on the edge of Malfa. I had scratches on my legs and twigs in my hair. But I returned for a The next bus that passed took me soak in the pool, dinner on the terrace and one last lingering drop of Malvasia.





Page 28



# Redefining longevity The new centenarian spirit P30

# **REDEFINING LONGEVITY**

BY CHRIS LANDERS, CHRISTIAN SCIENCE MONITOR

The new centenarian spirit

would take her.

afraid I couldn't do it.' So she got up early, told her son she was taking a trip with friends, and hopped a bus by herself, hiking nine miles down Bright Angel Trail and overnighting at Phantom Ranch on the other side of the Colorado River. She woke up early and hiked back to catch the early bus. When her son picked her up in Phoenix, she told him where she'd been.

following decades.

Though she discontinued her Grand Canyon hikes when she was 91, Beckman still walks closer to home, sometimes to the senior center where she volunteers to "help with the old folks" and teach bridge on weekends. She's used to people asking her age, but she doesn't let it slow her down much. She runs with a younger crowd, she says: "My companions were always a generation behind me." As a centenarian, Beckman has achieved what

health largely intact.

ing, rather than dying.

ian spirit."

"The emergence of the oldest old, and the problems that surround it, are among the most important social issues of the 20th century," says Peter Martin, a gerontologist and medical researcher at Iowa State University in Ames. "While health and genetics and everything are important, there are also important psychological components ... people we talk to seem to suggest that they've worked pretty hard at it - because they enjoyed it."

years we never expected to have?

"If progress in reducing mortality continues at the same pace as it has over the past two centuries, which is a matter of debate, then in countries with high life expectancies most children born since the year 2000 will celebrate their 100th birthday – in the twenty-second century," wrote James W. Vaupel, a Duke University (N.C.) demographer in a March 25 Nature magazine review of current studies.

health, education and other policies."

Indeed, observes Meg Guroff, an editor at AARP The Magazine, "We're already seeing those implications in people much younger. We have many more readers who are 50 years old ... going back to school, adopting children, starting a second or third or fourth career.'

arnett Beckman says she'd prefer to just be known as a little old lady who walks. For a long time, she didn't tell people her age. It proved to be an impediment when she wanted to hike the Grand Canyon at age 75 – no one

"Nobody would go with me. They didn't think I could do it," recalls Ms. Beckman, now 102. "I was

"He almost wrecked the car," she says.

She was just getting started. She hiked the canyon again a few weeks later, and her son came with her. She'd make the trip more than 20 times in the

some demographers project most kids today will achieve: to live past 100 with mental and physical

Medical science attributes increasing longevity to a complex interplay of diet, exercise, and genetics. But attitude, researchers suggest, is another factor we can learn from our elders: Act as if you're still liv-

It's what one elder advocate calls "the centenar-

Increasing longevity will have broad economic effects. But the implication for the individual is a wide-open question: How are we to live these bonus

"Longer lifespans will alter the way individuals want to allocate time during their lives and will require radical revision of employment, retirement,



As census workers fan out to take stock of the nation this year, they expect to find continued explosive growth in the centenarian population. Between 1990 and 2000, Americans 100 or older increased by 35 percent – from 37,306 to 50,454. The US Census projects that this group will increase more than 50 percent in this year's count, to 79,000.

A recent study in the North American Actuarial Journal projected 60 percent growth each decade of the coming century. The United Nations expects similar trends worldwide, estimating that by 2050, 1 in every 5,000 people will be over 100 years old, with China, the United States, Japan, and India having the largest populations of centenarians.

Today's 100-year-old has lived through two World Wars, the Depression, and every president since Teddy Roosevelt. What surprises some researchers is that 30 percent of them have done so with their health and wits intact. Something as simple (or complicated) as attitude can make the difference in living to 100 or beyond, and perhaps tip the scales toward a happy, productive second century.

These people are redefining aging as positive models of longevity, says Lynn Adler, who runs the Arizona-based nonprofit National Centenarian Awareness Project. She makes it her business to find as many centenarians as she can, profiling them on her website and acting as a publicist and cheerleader for them.

Her project has its roots in an experience Ms. Adler had as a teenager in the company of her 60-something grandmother. The two had gone shopping at a department store, recalls Adler: "When [my grandmother] went to make the purchase, the salesperson said to me 'How does she want to pay for this?'

"I said, 'Why don't you ask her?' I was just a kid. I was furious. She was just so condescending to my grandmother." Later, she adds, "my grandmother leaned over to me and said, 'No one wants to talk with you when you get old.'

But Adler wants to talk to you when you get old. In her lifelong crusade against ageism, she likes to say that "centenarians are the celebrities of aging." Since starting her nonprofit in 1985, Adler has shined a light on the lives of active centenarians. By "active," she means they have "the mental acuity to continue to enjoy whatever it is that brings meaning to one's life.

"I wanted to help dispel some of the stereotypes people have of old age as a time of disinterest and decrepitude," she says. "I thought that by showing some positive models we could influence the other issues

- the stereotypes and the ageism, and give people some positives to counter the prevailing view."

The "centenarian spirit," says Adler, is a group of traits associated with exceptionally long, active lives, including courage and a sense of humor. But it's attitude, too: "It's the remarkable ability to renegotiate life at every turn, to accept the losses that come with aging, and not let it stop them.... It's not just how long you live, but how well."

Medical researchers do see a connection between attitude and the ability to live an active life, says Mr. Martin: "It's easier to see that than to document it. Most of the research looks at health issues and longevity, but what gets people there often works very differently.

"I think through our studies on personality and engagement and mental health [there is] some good evidence that ... staving active and being involved is a major contributor to longevity.... They may be 100, but they're not finished yet."

For example, in a study of centenarians published last year in the journal Adult Development, Martin and his coauthors found that balancing a checkbook correlates with a better mental state. "It

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seems like a simple task for us," he says, "but as a lifelong engagement task ... it's a good indicator not saying, 'Well, I'll let other people do that,' but saying, "It's important to me to know what my balance is '

Social engagement is important, he adds, but so are the tasks that go along with it: "[I]f you give a public speech or presentation, or volunteer, it's more than just standing in front of people and talking – you have to prepare for it. You have to get up in the morning and get yourself ready ... you draw from a lot of different resources that keep challenging you."

If there's a spokesperson for the social centenarian, it's Elsa Hoffmann. At 102, her schedule is booked solid. After her regular Mondav lunch and card game, and before a movie with her Women's League, Ms. Hoffmann takes time to discuss the past 100 years over the phone.

Her version of slowing down in the past decade is to limit her travel to places near her Florida home - South America, for example. But she's contemplating going to Russia this spring.

Hoffmann spent decades running a resort with her husband – she handled the entertainment. "From childhood, I was always one to organize parties and games and things like that," she says. "When I have days off, I catch up on my bills and stocks.... I don't think there's anything I say I can't go to or don't want to do."

Her granddaughter, Sharon Textor-Black, wrote a book about Hoffmann's strategy for active aging, "Elsa's Own Blue Zone."

"One of the things I think is helpful for other people to know [is that] she really enjoys being around other people," Ms. Textor-Black says. "I think that's important. As some people get older, they let themselves get housebound, but - whether through church or clubs or even the Internet – there are just so many ways to connect with other people."

Hoffmann agrees. "Every stage of life has its challenges and its beauties, and different forms of entertainment, from childhood on. There's no reason not to find things to do in life.'

As a 101-year-old probate lawyer, Jack Borden often finds himself dispensing retirement and aging advice to people decades his junior.

"The reason I keep working, I think, is to stay alive," he says. When a February snowstorm in his hometown of Weatherford, Texas, kept him home, he adds, "I was climbing the walls,"

In 2008, Mr. Borden was nominated the "Outstanding Oldest Worker" in Texas from a group called Experience Works. It surprised him, but it surprised him even more when he was awarded the 2009 national title.

Experience Works is a nonprofit that provides training and employment services for 30,000 over-55 workers nationwide. Trends toward later retiring, combined with a poor economy, means their services are in demand among the elderly.

"Some are low-income or nearly homeless, and they didn't expect to be in that situation," says Lita Levine Kleger, a vice president at Experience Works. "Some had successful careers; some had already retired; some have just had a whole sea change and they're faced with having to go back to work and learn new skills. It creates tremendous challenges, but I think it can create, really, a new beginning for those folks."

The group uses people like Borden as an example. "If you're 70 or 68 or 80 or even 90 [and] you're not quite confident in your ability to offer things," Ms. Kleger says, seeing a 100-year-old do it has got to open your mind.

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Indeed, for some people, the extra years bring

focus. Sam Katzoff, who describes himself modestly as "good at math," was trained as a chemist at Johns Hopkins University in Baltimore in the 1930s and was hired as a physicist at the agency that was to become NASA

He retired in the 1970s, he says, when "we were interested in looking for life on Mars. I guess people are still looking for it."

But Mr. Katzoff, now 100 and living in an apartment by himself in a retirement community north of Baltimore, has devoted a lot of his recent thinking to an unsolved problem from his grad school days

While his hearing is not good, and his voice threatens to be drowned out by the soft explosions of the small oxygen machine next to his overstuffed

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chair, Katzoff's bookshelf is stocked with science texts testifying mental pursuits such as the problem of a friend and fellow classmate at Hopkins who was unable to consistently reproduce a chemical reaction in an experiment.

All these years later, Katzoff thinks he has his classmate, a friend since seventh grade, "didn't worked out the missing variable: The lab was

#### **HOTO CAPTIONS**

1) Garnett Beckman, 102, doesn't want to be defined for her longevity as a centenarian but as a little old lady who walks. She hiked the Grand Canyon each year from age 75 to 91. She still walks avidly around Scottsdale, Ariz, where she volunteers to "help with the old folks" at her senior center and teaches bridge 2) As a model of longevity, Elsa Hoffman 102 - with her great-grandaughters Blair (I) and Elsa Textor-Black - says there's nothing "I say I can't go to or don't want to do." This centenarian's version of slowing down in the past decade is to limit her travel to places near her Florida home - South America, for example. 3) For Sam Katzoff, 100, extreme longevity has allowed him time to focus. A former NASA scientist, this centenarian says the bonus years have given him an op portunity to solve a scientific problem that stymied him and classmate in their years at Johns Hopkins University.

make 100."

# PORTRAIT OF A LONG LIFE

BY KRIS AXTMAN, CHRISTIAN SCIENCE MONITOR

Jack Borden's mother thought God had intended her son to be a preacher the day she found him baptizing the family's black cat in buttermilk at the bottom of the butter churn.

But there was a little too much mischief in Jack Borden to make the church his profession. The high school dropout has worked as an ice deliveryman, a refrigerator repairman, a soda jerk, a district attorney, an FBI agent, a mayor, a radio host, and his current profession - at age 101 - aprobate and real estate lawyer.

"My dad gave me a hoe at 5 years old and told me to weed the corn patch," says Mr. Borden from behind his desk, stuffed with books and plaques, candy and awards. "I've been working all my life. That's what keeps me alive."

That, and his good humor, wit, and zest for life.

"I'm one of those people who believes God has a hand in everything that happens," he says. "I'm tempted sometimes," he jokes, "to say 'Lord, I hope it takes me a long time to do what it is you're leaving me here for.' That's the human side of it."

But, he adds, "I have never been one of those people who is concerned about dving."

Indeed, this centenarian's days are too full to contemplate such things. Borden awakes at 5 a.m. eats a Texas-sized breakfast, puts on a starched shirt and suit, and can be found at his desk by 6:30. He leaves at 10:30 for lunch and a short nap, and returns to work until 4 p.m.

He has a full-time caretaker who does his

cooking and cleaning and shuttles him around - except on Saturdays when he still drives himself to the dry cleaner. He does keep a walker and wheelchair for backup, but needs no hearing aids or reading glasses. And his mind is clear: He gets especially intense - slowing to a precise legal rhythm – when he talks about new ways he has found to help clients.

poorly lit. During the day, when the sun streamed through the windows, the reaction would occur. On

that he had the bonus years to discover it, but that

"It was the sunlight," he says, wistfully noting

darker days and at night it failed.

Last summer. Borden was honored as America's Outstanding Oldest Worker for 2009 by Experience Works, a nonprofit training and employment organization for older people. He's proud of that and his many other recognitions, and freely admits that his favorite thing to talk about is himself.

There's a lot to talk about: The son of tenant farmers, Borden dropped out of high school to work, later putting himself through law school at the University of Texas and graduating in 1936. He worked in Weatherford as a Parker County prosecutor and, in 1942, joined the Federal Bureau of Investigation for four years before returning to private practice in Weatherford, where he was mayor in the early 1960s.

He and his late wife, Edith, were married 66 years. They never had children but were avid world travelers.

Nowadays, Borden sticks closer to home. If vou can't find him at the office. vou can find him at church - working every Sunday as a greeter at the First Baptist Church. He asked someone else to open the doors when he turned 100, "but I told him, 'All those young 75-85-90-year-old ladies who want their hugs, I'll take care of them.' "



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# **TWO PRESIDENTIAL POSSIBILITIES FOR 2012**

# **Don't mess with Texas**

# BY EVAN THOMAS AND ARIAN CAMPO-FLORES

is name is Rick Perry. Raised in a ranch house with no running water in the West Texas town of Paint Creek, yell leader at Texas A&M, Air Force pilot, longest serving governor in Texas history. Ruggedly handsome in a Marlboro Man sort of way, with a rich mane of brown hair, slightly tinged with silver gray. Perry, 60, stands for less government and more growth, for freedom and against bureaucracy,

And if he's good for Texas, why not America? Could Perry be the second coming of Ronald Reagan, the plain-spoken man from the West who presided over a new "Morning in America" by cutting taxes, reducing government (well, promising to), and standing tall against the nation's enemies?

As the tea-party movement gains momentum, as more Americans are mad as hell and not going to take it anymore, Perry is their kind of hero, an avatar of a lost age that could come again, if only Washington politicians and other undesirables were put in their place.

 $\mathbf{\star}$ 

Not a few Texans wish the past to be their future-if only Rick Perry can show the way. As these people see it, America is turning into a multicultural hodgepodge, sapped of moral strength, run by government bureaucrats.

In an interview last week with Evan Smith, editor of The Texas Tribune, Perry insisted that he was focused on Texas and would not run for president under any circumstances. "I don't care about going to Washington, D.C.," he said.

"The reason I agree to do interviews with national publications is so that people will pay attention to what is going on in Texas...I want people elected to Congress, to the United States Senate, and to the presidency in 2012 with the express message that we are going to Washington to try to make Washington as inconsequential in your life as we can...I want to get this country back."

Still, Perry is tapping social and political forces that extend well beyond Texas, and he clearly sees himself as a national politician. President Obama, he says, "is hellbent on taking America towards a socialist country." That kind of catchy talk plays well with a certain-and growing-segment of the American population.

According to a new Rasmussen Reports poll, 24 percent of U.S. voters now say they consider themselves to be part of the tea-party movement (up from 16 percent a month ago). According to a Harris Interactive poll, two thirds of Republicans believe Obama is a socialist, while 57 percent believe he is a Muslim, and almost one in four suspect he's the Antichrist.

Perry has disappointed some tea partiers. "Governor Perry has really not done anything to secure the border," says Phillip Dennis, founder of the Dallas Tea Party. "I just think that Governor Perry is viewed as a slick-talking, good-looking guy." Some detractors call Perry "Governor Goodhair" or complain, as the Texans say, that he is "all hat and no cattle."

But he is a crafty politician with good timing. He was a Democrat until 1989, but as the party was becoming more urban and liberal, he switched to



the GOP. According to Texas Monthly, he was en- Texas could legally leave the union. As some of the couraged to make the switch by former senator Phil Gramm, who told potential converts, "It's the last copter out of Nam, and you'd better get on it."

Perry was early to see the potential of the teaparty movement. A year ago, at a "Tax Day Tea Party" in front of Austin's City Hall, Perry suggested that tea partiers shouted "Secede!" Perry said he didn't want that to happen, but "if Washington continues to thumb their nose at the American people...who knows what might come out of that?"

Perry told the crowd that he didn't regard them as extremists, "but if you are, I'm with you." He

immediately was embraced by rightwing talk-show hosts Glenn Beck and Rush Limbaugh (whom Perry made an honorary Texan).

Perry loves to boast about the economic prowess of the Lone Star State. More Fortune 500 companies are headquartered there than in any other state, he says. Perry made a big show of turning down a half-billion dollars

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help pay for unemployment benefits, saying it would only lead to higher taxes on business.

But he did not turn down about \$16 billion in federal stimulus money voted by Congress last year. The money helped Texas stay in the black for 2009-10. Economic experts are predicting a shortfall of at least \$15 billion in the coming year. Perry, it seems, is against big government, except for when he isn't.

### **David Petraeus for** president in 2012?

BY JOHN HUGHES. CHRISTIAN SCIENCE MONITOR



nter a new potential candidate for the presidency of the United States. He is four-star Gen. David Petraeus, whose military tactics have crushed a democracy-threatening insurgency in Iraq, and whose tactical game plan in Afghanistan may do the same there.

Well, you may say, Americans are not particularly cordial to the idea of a general in the White House. The last one was Gen. Dwight Eisenhower. Gen. Colin Powell toyed with the prospect and decided against it. Gen. Wesley Clark sought the Democratic nomination in 2004 and failed.

Petraeus disavows any political ambitions. What he really enjoys is schmoozing with intellectuals in mind-expanding discussions.

Petraeus is no mean intellectual himself. He graduated from the US Military Academy at West Point in the top 5 percent of his class, married the superintendent's daughter, taught for two years at West Point's social sciences department, and picked up master's and PhD degrees at Princeton.

A lithe physical-fitness buff (he challenges young soldiers to push-up contests and usually wins), he has held a string of combat as well as staff assignments. He led the 101st Airborne Division (Screaming Eagles) in Iraq before becoming overall commander of US and allied forces there. Now he is commander of the US Central Command, embracing some of the most dangerous countries in the world, including Iraq and Afghanistan.

Petraeus may be a soldier-scholar, but he has alof federal money to ways responded to the call of duty. If he indeed be-

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In a punishing schedule, Petraeus likes to explain his strategy against insurgency at campuses around the country, particularly those with large ROTC units. A few weeks ago, he hit Yale, Saint Anselm College in New Hampshire, and Brigham Young University in Utah, in little more than 24 hours. The choice of Saint Anselm intrigued some political observers because it is sometimes chosen as a debate venue in presidential campaigns.

Petraeus dismisses any talk of political guile, pointing out that though he is a registered Republican, he has avoided voting in recent elections to negate any question of partisanship.

What he is enthusiastic about is the successful counterinsurgency tactic he employed in Iraq and which he now is implementing in Afghanistan. In a few of his words, it is: "You cannot kill or capture your way out of an industrial-strength insurgency."

fident that the military can protect them.

Once the ground is prepared, Petraeus says, "Then we take the fight to the enemy. There is no gain in taking the fight to the enemy if the population there has no faith in a secure future."









32963 INSIGHT | APRIL 22, 2010 | NATION PAGE 36

21 Royal Palm Pointe Suite 102 Vero Beach, FL 32960

comes the victorious mastermind behind America's two longest wars, and his countrymen told him they need him to lead the nation as president, it would be

It requires a combined military and civilian effort. The ground must be prepared with economic and educational and medical programs capturing the support of the civilian population. They must be con-



Part of the Petraeus strategy is the emphasis on avoiding civilian casualties. His soldiers are ordered not to shoot if the number of civilian casualties is likely to be substantial. Never engage, he orders, if the number of enemies made by the action outnumbers the "bad guys" you take out.

At 57, Petraeus is young enough to embark on a

political career when many of his college-age listeners are at their prime voting age. The ROTC cadets of today, as Petraeus says, could be commanding troops in action in foreign countries.

If the Petraeus strategy has brought "victory" in America's two longest wars, the call to make a presidential run may be hard to resist. •

# EDITORIAL BY WARREN WINCESTER Action needed to prevent train wreck Tea Party not TV networks' cup of tea

The following guest editorial was written by former Mayor Warren Winchester. While we have disagreed with him on a variety of matters in the past, we believe this editorial is right on the money.



rain wrecks rarely happen, but when they do, the cause can almost always be attributed to human failure somewhere along the line. The City of Vero Beach and the Indian River County Commission are moving slowly to-

wards a train wreck. Both sides have, within their power, the ability to prevent it.

This is painful because most of us have close friends on both sides of the issues separating the two jurisdictions, and almost everyone south of Sebastian lays claim to "being from Vero Beach." Emotionally and historically, the region is hooked to this moniker – not to Indian River County.

The issues go back to the franchise contracts the City and County signed in 1987. The franchises give the city of Vero Beach the right to provide electrical, water and sewer services to certain county residents.

It is obvious that the County Commission has no intention of extending the agreements past the contract date of 2017, but the Vero Beach City Council and staff are working hard to protect what they perceive as the city residents' best interests. Like it or not, this defensive posture will not work in the long term.

Vero Beach residents took financial risks a generation ago to provide electric, water and sewer services to the south barrier island which permitted its development. Like adolescent children, newcomers often fail to appreciate what others did earlier.

Some County staff have contrived a stealth effort to takeover all water and sewer interests in Indian River County, and the county will no doubt quit the electrical transmission right-of-way franchise at the first opportunity.

While the City of Vero Beach owns the water, sewer and transmission lines, after 2017, neither the city nor the county can use the infrastructure without City concurrence. This means, as County Attorney Will Collins judged, the County must buy the infrastructure from the City.

The electrical issue is by far the most complex. est assessment of the financial feasibility of provid-No one wants County or City residents to be without electricity, but this means the Vero Beach utility must remain the power provider until the system is sold to FPL or some other electric company.

Many hope FPL's current information gathering efforts will result in a purchase offer adequate to entice the City of Vero Beach to sell. However, even a "willing seller and willing buyer" does not mean the system will be automatically or quickly sold.

Challenges by another wholesale provider could keep the issue tied up in the Florida Public Service Commission and Federal Energy Regulatory Commission for years. Such a challenge prevented a sale in the late 1970s.

It was a tactical mistake to decline the offer of former Mayor David Gregg and former City Manager John Little, who offered to devote their efforts to the electrical system sale. The political costs will be reflected in November elections.

Complicating the issue is the effort of dethroned councilman Charlie Wilson to pass a referendum which would force the City of Vero Beach out of the electric business by a date certain.

If this is passed by the voters of Vero Beach and the FPL sale effort fails, then the city could be legally bound to turn off the switches to all customers. That would be a nice kettle of fish, especially since the county customers don't have a say in this deal!

This ill-advised referendum is adequate reason to reject Charlie Wilson. His option is like using a nuclear weapon on a red light runner!

But the City of Vero Beach and the County Commission should not wait until the required notice date of 2012, but must start communicating clearly now about their intent for these franchises.

The County needs to stop the hidden processes of changing Comprehensive Plans and using Advisory Board agendas to seemingly make it look open. It is not. At least the Charter effort was in the open, but the stealth mode is now in full operation and the Vero Beach City Council is not hearing the rumbles

The City of Vero Beach should make an hon-

ing water, sewer and electrical services to only the 18,000 residents who live within city limits.

At a minimum, the City should ask the County Commission to proceed now to buy out the water/ sewer infrastructure on the south barrier island. Paying fair value for the south county infrastructure is the just action. Absent such action, things will only become worse.

These franchise agreements were signed when elected officials in this county could almost do it on a handshake. Unfortunately, when the "handshake asset" becomes a multi-million dollar asset, political accountability suffers, and manipulation starts.

What both parties seem to be forgetting is that either party can ask for "discussions" to start at any time. One side or the other should initiate talks,

The City of Vero Beach should also put real energy into selling the electrical assets. Whether they do or not, the County Commission is going to take actions in 2012 which will force the issue. Spending millions on lawsuits only enriches lawyers and consultants.

It would be nice for the County Commission to be appreciative that the city helped the county to grow, and it is time for the city to recognize that the child has reached maturity.

For Vero Beach, employee benefits, payments for sick days, the ratio of employees to population and the level of pay, threaten the basic financial structure of the City.

It is not possible for the City to continue maintaining the level of services which are paid for in large part with enterprise fund transfers of millions billed by the utilities. Property taxes will likely have to be increased at some point.

No one wants to lose the essence of what Vero Beach is, but politics and personalities must take a back seat. The choice lies with the current City Council and staff and the County Commission.

Both the City and the County Commission must take a more integrated leadership role with full sunshine on the issues. We have reached the point where we must heed the old military cry of "Lead, follow or get out of the way!" Times a wasting!



merica's broadcast television networks brand the Tea Party movement as an insignificant assortment of cranks and reactionaries. They're also portrayed -- when they're covered at all -- as tools for self-serving corporate interests and fronts for the Republican Party. Those are among the conclusions of a Media Research Center study, which tracked network coverage of the Tea Party movement since it burst onto the political scene a year ago.

MRC found:

erences to the movement.

the angry and nasty Capitol Hill rally.

Party received in all of 2009."





Reviewing every mention of the Tea Party on the Big Three networks Feb. 19, 2009-March 31, 2010,

\* ABC, CBS and NBC aired 61 stories or segments on Tea Parties. Another 141 items included brief ref-

\* Network reporters were "dismissive" of the first Tea Party events. In an April 15, 2009 segment, NBC's Chuck Todd declared, "The idea hasn't really caught on. \* After the Sept. 12 rallies, networks suggested the Tea Party was an extreme or racist putsch. On CBS, "Face the Nation" host Bob Schieffer decried

"Coverage is piddling compared to that lavished on protests serving liberal objectives," MRC said. "The Nation of Islam's 'Million Man March' in 1995, for example, was featured in 21 evening news stories on just the night of that march more than the Tea

monolithic. Groups have splintered -- and even sued each other -- over the name.

And while some media have attempted to portray Tea Parties as a GOP subsidiary, Tea Partiers here have not moved in lockstep.



Republican gubernatorial candidate Paula Dockery -- who frequently criticizes state GOP leadership -- is supported by some Tea Party factions.

GOP Senate candidate Marco Rubio -- who campaigns as a rock-ribbed, anti-tax conservative -- has not been universally endorsed by Florida's local Tea Party organizations.

"There's wide disparity in interests and agendas," said Karl Zimmermann, a board member of the Indian In Florida, Tea Parties have been anything but River County Tea Party, which attracted some 4,500

to its rally last week at Holman Stadium. Despite those differences, negativity remains "the mainstream media's attitude toward most conservatives," he observed.

Doug Guetzloe, consultant to the Florida Tea Party, and subject of the aforementioned legal squabble, said the report "confirms what all Tea Party supporters have seen for themselves -- the wide disparity between the truth and what appears in the liberal media."

News pundits defended the networks' overall coverage and characterization of Tea Partiers. Blogging for the Washington Post, David Weigel wrote:

"The argument, basically, is that non-Fox stories were not deferential enough to activists, and that the incidence of stories increased after the Tea Parties showed that they had political heft. I guess you can call that bias. You could also call it careful.'

MRC, based in Virginia and founded in 1987 as a conservative-oriented media watchdog, concluded:

"Given how the networks have provided fawning coverage and helpful publicity to far-less consequential liberal protest movements, their negative treatment of the Tea Party is a glaring example of a media double standard."

Jason Hoyt, co-host of the Tea Party Patriots Live radio program, drew another conclusion.

"We the people need to stop calling them the mainstream media because they've proven over and over they don't represent our values and they are clearly biased.

"If our underlying goal was to please the media then we're definitely not in this for the right reasons."



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# President Obama's farsighted nuclear strategy Spreading freedom of press around the world

resident Obama has turned the once utopian-sounding idea of global nuclear disarmament into a useful tool for U.S. foreign policy. His well-conceived, confidently executed three-part movement in statecraft this month should banish the notion that Obama's ambitious nuclear goals spring from naiveté or inexperience.

In the space of two weeks, the president put his own stamp on the Nuclear Posture Review released by the Pentagon on April 6, closed the deal on a modest but necessary strategic-arms treaty with Russia and then hosted a 47-nation summit that adopted his view that nuclear terrorism poses the biggest single threat to global stability.

That does not mean that we are on the verge of a world without nuclear weapons. Enormous hurdles -- Iran; North Korea; Russia's growing reliance on tactical nuclear weapons in its military doctrine; the volatile nuclear triangle formed by China, India and Pakistan -- remain. But Obama has laid a foundation for greater multilateral action to control nuclear weapons and materials.

He set an important example for his peers by taking control of the drafting of the Nuclear Posture Review -- a document few if any of his predecessors bothered even to read fully, experts tell me. He has accepted presidential responsibility and authority for



shaping the nuclear weapons and strategies that the United States will now develop or abandon.

"President Obama was making editing changes in the Nuclear Posture Review right up to the last minutes

before it was to go to press," says William J. Perry, defense secretary in the Clinton administration and a member of a quartet of elder statesmen whose advocacy of nuclear disarmament has informed and influenced Obama's thinking.

president The used the review process to force the national security fiefdoms in his administration to sign up to his vision -- and the means for achieving it

The declaration is normally the handiwork of military officers, scientists and theoreticians who bargain with each other to produce a technocratic summary of who does what, and gets what, to manage the U.S. nuclear arsenal. But Obama turned the review into a political document that redefines the Cold War in ways that reduce

the role of nuclear weapons in U.S. defense strategy. That will give Obama new political and moral authority in arguing for international action to deter Iran from developing nuclear weapons and to get

North Korea to reverse its outlaw nuclear program. The emphasis in the posture statement on engaging China in multilateral arms control discussions now that the United States and Russia have formally agreed to reduce their strategic arsenals again is also a step in a new and right direction for U.S. policy.

The U.S. and Soviet intercontinental arsenals are no longer the world's greatest nightmare.

Graver threats stem today from the large number of tactical -- shorter-range -- nukes that Pakistan threatens to use to counter a conventional attack by India, that Russian experts frankly say they need to counter a future military threat from China and that would be the likeliest atomic arms to fall into the hands of terrorist gangs.

Obama's resetting of priorities make the tactical nuclear menace -- and the need to deal with it -- unavoidable as the next Topic A in arms control.

In important ways, Obama is putting into practical steps ideas originally brought forward in a series of articles, speeches and conversations with world leaders undertaken by Perry and three other elder statesmen -- George Shultz, Henry Kissinger and Sam Nunn.

I have listened with sympathy but deep skepticism to their arguments since first hearing Shultz two years ago at Stanford describe with great conviction the need to reduce to zero weapons. For one who came of age in the Cold War, the notion seemed quixotic.

But Obama's calculated step-by-step approach makes me reconsider. He is engaging other nations in an international reassessment of the cost-benefit ratio of nuclear weapons and pressing them for action that would create a world in which the United States could feel safer without those weapons.

Congress should reinforce his leverage by ratifying the new U.S.-Russian treaty and the Comprehenconcept of deterrence sive Test Ban Treaty. It is a long way to zero, which is why we should start now.



s the Obama administration looks for big ideas to shape its foreign policy, officials should consult a new book that argues, in effect, that America's "Manifest Destiny" in the 21st century is to extend to the world the standards of our own First Amendment.

This press-freedom manifesto carries the zesty title "Uninhibited, Robust, and Wide-Open" and was written by Lee Bollinger, the president of Columbia University. I teased him at a symposium last week that if journalists were to write their own description of the media landscape, it would carry a gloomier moniker such as "Nervous, Broke and Hunkered-Down.'

Bollinger's point is that in a globalized economy, we need rules that ensure open access to information. What we're seeing instead, from China to Iran, is a drive by authoritarian governments to manipulate those information flows.

This squeeze affects private companies such as Google as well as news organizations . But, as Bollinger says, there's a compelling public interest for

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the U.S. government in keeping the information flows as unhindered as possible.

"The projection outward of the principle of freedom of the press onto the world stage should become a primary goal as we build the rudiments of a global society," writes Bollinger.

He argues that the building blocks for such a global order already exist, in international conventions on human rights, free-trade agreements and other pacts. But the United States has resisted some of these forums that could provide greater openness, fearing that other governments could use them against us.

The free flow of information has become a decisive strategic variable. That's why dictators are terrified of "color revolutions" broadcast live on CNN. Iran's leaders know that if the world is connected via the Internet, they can't ruthlessly suppress protesters in the streets. Chinese leaders fear that if people can search the Internet freely through Google, the Communist Party will lose an essential tool of control.

Yet the paradox is that efforts to control information in the Internet age are inherently self-defeating. They require ever more elaborate mechanisms

of censorship, which have the effect of isolating a country from the global economy.

That may work for North Korea, where people have been cut off so long they don't know what the world looks like. But it won't fly with Iranians or Chinese who like being connected and want more interaction. not less.

The enemies of press freedom keep at it, even though they know that they are playing a losing hand. In 2001, I asked Lee Kuan Yew, the otherwise admirable former leader of Singapore, why he used libel law and other tools to suppress critics. He conceded that censorship was counterproductive in the Internet age. "You either use the Internet or you are backward," he said. Yet Singapore's lawyers keep issuing writs against stories the leadership doesn't like.

I'm wary of Bollinger's arguments for public support of U.S. news organizations in this time of financial trouble. I fear that would mean more "embedding" of government and the press at a time when we need less.

American journalists need to protect their image of independence, at home and abroad; they need to reassure people that they have checked their personal baggage -- national, ideological, cultural and religious -- when they become journalists. Public subsidies make that harder.

I'm nervous, too, about international regulation of information or newsgathering, even in the name of openness. That's why I'd like to see journalists fight much of this battle on our own -- working with colleagues in China and Iran, and a hundred countries in between -- to provide greater access and openness.

But as Bollinger argues, the U.S. government has a responsibility today to protect open flows of electronic information, much as the U.S. Navy ensures the freedom of navigation on the high seas. Google shouldn't have to fight its digital battles alone or worry that if it stands up against censorship, Microsoft will grab the business.

Bollinger's call for a global First Amendment has been criticized as too chauvinistic. But the world's embrace of the Internet tells me that we're on the right side of history on this one. The Internet was born free, and we should insist, to paraphrase the Founders, that no government make any law abridging this freedom.

John leaves soon for the Diamond Capital





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# The VAT isn't an easy fix for budget woes

BY ROBERT J. SAMUELSON, WASHINGTON POST

There is always an easy solution to every human problem—neat, plausible, and wrong. –H. L. Mencken

> he VAT (Value-Added Tax) has become the designated solution for massive federal budget deficits. It's touted by think tank economists and mentioned by congressional leaders. A VAT could raise stupendous amounts of money,

which, Lord knows, are needed to cover projected deficits. A VAT is likened to a "national sales tax," so once it was in place, most Americans would barely notice it—just as they barely notice state and local sales taxes.

How's that for friendly politics? A VAT would also discourage consumption and encourage saving and investment, making America richer in the future. What's not to like?

Mencken (1880–1956), one of America's great wits, would chuckle. Almost every pro-VAT argument is exaggerated, misleading, incomplete, or wrong. The VAT is being merchandised as an almost painless way to avoid deep spending cuts. The implicit, though often unstated, message is that a VAT could raise so much money that it could eliminate future deficits by itself. This reasoning, if embraced, would result in staggering tax burdens and



exempt us from a debate that we desperately need.

How big a government do we want-and what can we afford? In closing deficits, what's the best mix between tax increases and spending cuts? What programs are not needed? How much should we tax the young and middle-aged to support the old? Should wealthier retirees receive skimpier benefits? Should eligibility ages for benefits be raised?

Our basic budget problem is simple. For decades the expansion of Social Security, Medicare, and Medicaid—programs mostly for the elderly—was financed mainly by shrinking defense spending. In 1970 de-

fense accounted for 42 percent of the federal budget; Social Security, Medicare, and Medicaid were 20 percent. By 2008 the shares were reversed: defense, 21 percent; the big retirement programs, 43 percent.

defense But stopped falling after 9/11, while aging baby boomers and uncontrolled health costs keep retirement spending rising.

Left alone, gov-

ernment would grow larger. From 1970 to 2009, federal spending averaged 20.7 percent of the economy (gross domestic product). By 2020 it could reach 25.2 percent of GDP and would still be expanding, reckons the Congressional Budget Office's estimate of the Obama budgets. In 2020 the deficit (assuming a healthy economy with 5 percent unemployment) would be 5.6 percent of GDP. To cover that, taxes would have to rise almost 30 percent. Gulp.

A VAT could not painlessly fill this void. Applied to all consumption spending-about 70 percent of GDP-the required VAT rate would equal about 8 percent. But the actual increase might be closer to 16 percent because there would be huge pressures to exempt groceries, rent and housing, health care, education, and charitable groups. Together, they're nearly half of the \$10 trillion of consumer spending. There would also be other upward (and more technical) pressures on the VAT rate.

Does anyone believe that Americans wouldn't notice 16 percent price increases for cars, televisions, airfares, gasoline-and much more-even if phased in? As for a VAT's claimed benefits (simplicity, promotion of investment), these depend on a VAT replacing the present complex income tax that discriminates against investment. That's unlikely; the needed VAT rates would be implausibly steep. Chances are, we'd pay both.

Higher consumer prices from the VAT could also slow the economy. The Federal Reserve would face policy dilemmas. If it tried to prevent businesses from passing the tax along to consumers, it would have to raise interest rates and risk a recession. If it tried to blunt the effect of higher prices on spending, its easy-credit policy might trigger a new wage-price spiral.

A VAT is no panacea; deficit reduction can't be painless. We'll need both spending cuts and tax increases. A VAT might be the least bad tax. But what's wrong with the simplistic VAT advocacy is that it deemphasizes spending cuts.

The consequences would be unnecessarily high taxes that would weaken the economy and discriminate against the young. It would become harder for families to raise children. VAT enthusiasts need to answer two questions: What government spending would you cut first? And how high would your VAT rates go? ●



ranklin Roosevelt's many biographers dren, the new presiall give considerable attention to the circumstances of his death and the outpouring of grief that followed. But few of them have devoted more than passing attention to the funeral train that carried the deceased president from Warm Springs, Ga., to his final resting place in Hyde Park, N.Y. Robert Klara fills this void with FDR's Funeral

on April 16.

to his interment at his family home.

history

Truman was woefully underprepared: In the year prior to becoming president, he had met Roosevelt just eight times and several of these were as part of cabinet meetings.

Indeed, as vice president, Truman was so removed from the executive branch that he did not realize he had been given Secret Service protection until he noticed a "handsome, well-dressed stranger" sitting outside his Senate office. "Well, what the hell is this?" he asked.



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# INERAL TRAIN

A BETRAYED WIDOW, A SOVIET SPY, AND A PRESIDENCY IN THE BALANCE ROBERT KLARA

Train: A Betrayed Widow, a Soviet Spy, and a Presidency in the Balance. He tells the story chronologically and in great detail, beginning with FDR's death on April 12 and concluding with President Truman's State of the Union message to Congress

The journey took place in two parts. Roosevelt's casket was first brought to Washington, D.C. - where it was met at Union Station by the largest crowd ever to have assembled in the city – for a brief memorial service in the White House. The second leg of the trip carried FDR from Washington

Klara devotes roughly equal attention to the mourning for President Roosevelt and the effort of President Truman to take control of the federal government at a vitally important time in American

One can only imagine the subjects that were discussed, positions that were established, and decisions that were made as the train made its slow and sorrowful way between Georgia and New York.

It's impossible to know for sure because there are no official records of the discussions, and those who were on the train rarely said anything more in their memoirs than "important topics were discussed."

The volume is full of fascinating anecdotes. For example, the Roosevelts had devoted so little attention to the upkeep of the White House that the walls had turned vellow, the carpets were threadbare, and the mansion looked like "an abandoned hotel."

Eleanor had to tell the new president that the house was infested with rats.

The reader will quickly realize that Klara is writing about a vastly different era. Despite the fact that the nation was at war, there was less attention to presidential security during the journey than we expect today for even the most informal presidential trip.

The train to Hyde Park, for example, carried the former president, his widow and two of her chil-

dent and his entire

family, the cabinet,

and all the justices of

the Supreme Court.

Members of Congress

were all on a second

title implies more

drama than the book

documents. The "be-

trayed widow," of

course, was Eleanor

Roosevelt, who had

just learned that

FDR's mistress was

with him when he

died and, with the

help of their only

daughter, had been

seeing him secretly

was Lauchlin Cur-

rie, an economic

adviser to President

Roosevelt who had

been sharing docu-

ments with his KGB

handlers for several

years, but there is no

implication that any

spying occurred dur-

in the balance" re-

"A presidency

ing the trip.

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for several years.

The book's sub-

train

fers to Truman's nonstop efforts to master immediately the enormous array of political and policy issues that he now faced – not the least of which was whether or not to authorize use of the atom bomb.

Klara conducted extensive research in preparing this volume. While he consulted appropriate primary materials, much of the evidence is drawn from secondary sources. This is popular history at its best: engaging, informative and insightful. It is very well written and, except for an occasional use of obscure words, a pure pleasure to read.

The book sheds welcome light on a fascinating and largely forgotten episode of American political history.

At the end, one is left with the feeling that much about this journey is a mystery that will never be solved. But then again, one never knows.

Klara points out that more than 60 years after the event many of the Secret Service documents relating to FDR's funeral train remain classified. Perhaps one day, they will be released to the public and we will have a more complete picture. Until then, Klara's book will more than suffice.

FDR'S Funeral Train by Robert Klara Palgrave Macmillan, 272 pp., \$27 Reviewed by Terry Hartle Christian Science Monitor



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## **BOOK REVIEWS**

# **BOOK REVIEWS**

Oprah

A Biography

# Kitty Kelley

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t would be easy to treat Oprah Winfrey's life as an episode of "The Oprah Winfrey Show." The problem would be coming up with just one title.

"The Secret"? "I Lost the Weight and Gained It Back -- Again"? "Just Because I Love the Guy Doesn't Mean I Want to Marry Him"? "She's My Girl Friend --Not My Girlfriend"?

Each title would take us only so far, and in the show's concluding segment we would have to discard any pretense of universality and segue into "Presidential Kingmaker," "Richest Black Woman in the World" and "Universal Absolver of Celebrity Sin."

At which point we would realize that the show's hostess is something greater than her show: the only woman in recorded history to begin life, in her own words, as a "po' little nappy-headed colored ole' chile" from Kosciusko, Miss.,

before morphing into a show-biz titan with a net worth currently valued at \$2.7 billion.

She might once have had cockroaches as pets (even this is in dispute), but now she FedExes horses from Indiana to Hawaii and sports \$500 mink evelashes and drives a \$365,000 Bentley convertible with the top down and spends \$4 million to fete Mava Angelou and treats guests to desserts like chocolate-andraspberry pound cake gilded with 23-karat gold.

No matter how many times we've Whitney heard Houston sing it over the show's credits. Oprah Winfrey is not every woman. although she has played one on TV.

And played it so well that one may question the necessity of a tell-all biography. Hasn't Winfrey told us all we need to know about herself? Relatively little has been made of her Baptist upbringing, but the act of testifying has always been sewn into her show's fabric, and over the course of three decades she has copped to food obsession, cocaine use, an affair with a married man, teenage promiscuity and teenage pregnancy.

She has been forgiven, and she forgives, with the result that sinners as various as Mike Tyson and Bill Clinton come forward on bended knee, receive her blessing and go back into the world, shining like new money.

So what if these confessionals fall in the proximity of sweeps weeks? And so what if the most damaging truths about Winfrey have originated not with her but with her disgruntled family of origin? This at least has the benefit of making Kitty Kelley's latest book more scrupulously sourced than some of its predecessors.

It is Winfrey's own father, Vernon, who alludes to his daughter's secrets, and it is her cousin who announces that Vernon is not Winfrey's true father. Who is? In a rare outbreak of reticence, Kellev vows to keep the name secret until Winfrey herself is informed. "And you'll know when that happens," suggests the tart-tongued cousin, "because Oprah will probably have a show on Finding Your Real Father. As I said, the girl wastes nothing.'

Nor does Kelley. Inevitably, a certain odor precedes her unauthorized biographies to the marketplace, but more interesting is the ink cloud of despair that rises from every quote-laden page.

We may not believe that Jackie Onassis had electroshock treatment or that Frank Sinatra and Nancy Reagan made whoopee in the White House or that Laura Bush sold dime bags of pot, but we certainly feel how hard it is to be those people, if only because the sheer labor of being famous finds its analogue in Kelley's labors: the reams of books and articles she has digested and extruded, the hundreds of interview subjects she has lassoed to the ground. In her own cussed and occluded and occasionally mean-spirited fashion, she gives us a way in.

So here is Oprah Winfrey, a preternaturally confident young woman, high school orator and beauty queen, plucked from Nashville in her early 20s to co-anchor the evening news in Baltimore.

The gig proves disastrous -- Winfrey isn't much of a writer, and she hates to prepare -- but her unforced empathy and gift of gab find a more congenial home in a daytime show called "People Are Talking."

The Chicago market comes calling, and by 1985 Winfrey is going nationwide with what one critic calls "a yeasty mix of sleaze, freaks, pathos, tack, camp, hype, hugs, hollers, gush, fads and tease marinated in tears."

Tears are, in fact, Winfrey's lingua franca. From the start she recognizes the value of victims, and she realizes, too, that she needs to heal not just her guests but her audience. Decades before Barack Obama, Oprah Winfrey is ushering us toward a post-racial America, simply by gazing into her predominantly white audience without a hint of rancor.

"Truth is," she says, "I've never felt prevented from doing anything because I was either black or a woman.... I never in my life felt oppressed.... It doesn't matter how victimized any of us have been, we're all responsible for our lives."

Her politics skew left, but her persona skews right (her longtime squire Stedman Graham is an ardent Republican), and she becomes, in the words of Barbara Grizzuti Harrison, "a one-person demilitarized zone.<sup>3</sup>

That's a hard position to maintain over the long Winfrey may be greater than her show, haul, and, truth be told, Winfrey has been, like all but she is inconceivable without it. The enduring pop icons, a house divided: extroverted messenger, to break ranks with Marshall McLuhan, is her own message; she is also and narcissistic, philanthropic and close to the vest, noisily spiritual and hilariously materialistic. her medium. (The 5,500-square-foot Oprah Store, Kelley tells us, offers "O pajamas, O candles, O metallic purses, O canvas bags, O caps, O mugs, O place Oprah: A Biography by Kitty Kelley mats, even grocery bags marked 'grOceries,' " as Crown, 524 pp., \$30 well as Winfrey's personal hand-me-downs, rang-Reviewed by Louis Bayard ing from size 10 to 18). Book World

nalistic eye for detail.

as boss of her own landscape business.

What she loves about her job and life is "the slow inevitable progression. I count my years in small bushes grown broad, climbing vines that snake over fences and roofs, saplings that are spreading trees."

The first sentence of the book plants the seeds of foreboding. Mary Beth wakes to "the murmuring of a public-radio announcer, telling [her] that there has been a coup in Chad, a tornado in Texas." But she is soon engrossed in the laundry, meals, school meetings and recitals that fill her days.

Each of Quindlen's characters -- kids, friends, neighbors and relatives -- seems real, and each could conceivably be the victim or perpetrator of the domestic dramas that lie ahead. Mary Beth worries whether she's treating the Mexicans who work for her fairly. (How can they manage groceries and send money back home on what she pays them?)

Thousands of dollars worth of trees and shrubs are stolen from a recently completed job site. Parents drink too much at a neighborhood party. Sex with her husband feels like reading a book for the sixth time. And she breaks down in tears of loneliness for no apparent reason.

Glen Latham thinks his wife is over-involved in the inner lives of their children, especially their confident, 17-year-old daughter, Ruby. Mother and daughter have a special bond, but it undergoes new strains as Ruby enters her senior year of high school and breaks up with her boyfriend. He grew up in the house next door, and Mary Beth hates to see him heartbroken.

Ruby's earlier eating disorder has primed Mary Book World

It is her mastery of television that allows Winfrey to subsume these contradictions into a force for "good" and, yes, good, too. We can see through her, but we can't see past her. And so the news that she is abandoning her daily high-wire act for higher-level, lower-visibility projects makes a peculiar kind of non-sense.

nna Ouindlen's new novel, "Every Last One," packs an emotional punch similar to that of her previous bestsellers "One True Thing" and "Black and Blue." Her ability to convey the mundanity of everyday life while also building suspense stems from her jour-

Her protagonist, Mary Beth Latham, thinks of herself as "Average. Ordinary. More or less." She's blessed with three teenage children whom she dotes over, a happy marriage and pleasurable work

Beth for signs of clinical depression -which she believes she sees when one of her 14-year-old twins loses interest in school, bathing and leaving the house. She suspects he feels overshadowed by his more popular and athletic brother.

It's a testament to Quindlen's char-

acter development and plotting that by the time disaster hits early in the new year, the catastrophic consequences of everyday actions are truly shocking. The Latham home seemed so safe and sound to Mary Beth that she was blind to the real danger lurking outside.

As Mary Beth moves through shock and grief in the aftermath of great upheaval, hidden aspects of her life come to light. She's forced to face what she fears most and somehow try to keep on going. Quindlen succeeds at conveying the transience of everyday worries and the never-ending boundaries of a mother's love. •

Every Last One by Anna Quindlen Random House, 299 pp., \$26 Reviewed by Nancy Robertson





### SPACE COAST CHESS FESTIVAL BEGINS FRIDAY EVENING BY HUMBERTO CRUZ - CHESS COLUMNIST

These column **IIS** 

The 17th annual Space Coast Chess Festival will take place this weekend. Billed as "an event created by chess players for chess players," the festival will be held at the Crowne Plaza Melbourne Oceanfront Resort and Spa, 2605 N. Highway A1A in Indialantic, a short and scenic drive north on AIA from Vero Beach's barrier island

The main event will be a five-round United States Chess Federation-rated tournament in six sections, ranging from the top section for experts and masters to the lowest section for players rated under 1200, a typical dividing rating line for beginners.

Players new to tournament play - and thus without a rating - may play in either the top or lowest section only. Rated players may elect to play one section up. All players may choose whether to play their first game Friday night or Saturday morning.

The advertised prize fund for the tournament is \$10,000 based on 165 entries, with 60 percent guaranteed even if fewer players attend.

Side events include a blitz tournament Saturday and Sunday, with players having only five minutes to complete all their moves in each game, and a simultaneous exhibition at 8 a.m. Saturday by Alexandra Kosteniuk, a Florida resident and reigning woman's world chess champion.

The tournament schedule has been set up so players may participate in both the tournament (including the blitz event) and the simultaneous, either by starting play on Friday night or requesting a half-point bye for the first round. For additional information, go to Web site http://sco2010.eventbrite.com/.

Today's diagram is from a game won by Jeffrey Haskel, last year's Space Coast tournament champion, in the 2009 U.S. Open chess championship in Indianapolis. Haskel's opponent, expert-rated Barry Endsley, should have played 24...Kh8 but blundered with 24...Kf7? and resigned after Haskel's crushing 25. Bh5!



Humberto Cruz is a United States Chess Federation correspondence chess master and certified tournament director. He can be reached at askhumberto@aol.com.

# JIM GREGG, REALTOR EARNS GRI TITLE



Treasure Coast Sotheby's International Realty would like to congratulate Jim Gregg who recently completed the curriculum required to achieve the highly acclaimed Graduate Realtor Institute (GRI) designation. He joins the other top producers in the residential real estate industry who hold the designation across the nation.

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Stealing a bid when you have fewer points than your opponents is a most satisfying feat to most bridge players, but of course there is risk: How far do vou stick vour neck out?

Most players will overcall with 9-11 points after an opponent has opened the auction with a 1 bid in a suit, but they tend to pass after a stronger 1 NT opening. Only the brave will dare overcall at that point, but it's probably still a good play. You can steal the contract; it can be a good sacrifice, or at the very least you can signal the lead to your opponent - all three very good outcomes. On the diagrammed deal in a recent duplicate pairs game, Flustered Flo had opened 1 NT and was unpleasantly surprised when the West hand, played by her nemesis Smug Sam, came up with a 2 Spades bid on the second round to steal the contract from her. She really didn't have anywhere to go after her partner, Loyal Larry, passed.

Sam took the Club Ace in dummy's East hand and led a small Heart. He wanted to use his only sure entry into dummy to lead Hearts through South to set up his King (because of the bidding, South surely had the Ace), but that line of play gave him a nasty surprise. After taking the Heart King in his hand, he led a small trump to dummy's Queen, which fell to South's Ace. Flo then led the Heart Ace and another small Heart, which gave her North partner Larry a ruff.

Down One.

Flo was much chagrined when her plus-50 score turned out to be a bottom. No other West had dared open his or her mouth. All other times, South's 1NT was passed around and that contract made on the nose. After an opening Spade lead, West was bound to get the lead back with one of the two side Aces and took 4 Spade tricks plus the two Aces. All those South players got 90 points for making their bids, outscoring Flo by 40 points.



Sam captured Flo's Diamond King with his Ace on the return lead, drew three rounds of trump, and gave up two Diamonds to Larry's North hand. He ruffed the next Diamond lead, and gave up a Club on the last trick for





"Nice bid, Sam," Flo grudgingly congratulated her opponent. "I hate to tell you," she added, trying to get at least one dig in at him, "but I believe you could have done even better and actually made 2 Spades by avoiding that ruff. You could have end-played me with Hearts. After winning the first trick with Club Ace in dummy, you draw trumps right away, driving out my Ace with dummy's Queen. You give up a Club trick to my King and ruff the next Club lead. You then draw three rounds of trump, collect your Ace of Diamonds and put me back in the lead with my Diamond King. Then I have nothing but all 4 of my Hearts left and there's no way I can prevent you from taking two out of the last 4 tricks to make your contract."

"Down One was tops on the hand anyway," Sam shrugged smugly, "but you're wrong in any event. You should throw your Diamond King under my Ace when I lead it at Trick 8. Then I can't put you back in the lead, and I go Down One anyway, so it was my best possible score."

"You exasperate me, Sam," Flo concluded. "I can't even win an argument from you."

Crossword

### **ON BOARD**



The Christian Science Monitor | By John Fort | Edited by Charles Preston

#### ACROSS

1 Cloth fiber 5 Respiratory sound 45 Rink leap

50 Harbor craft

55 Between

60 Hangouts

62 Oceangoer

DOWN

1 Chip in

2 Silkworm

3 \_\_\_\_\_cam

4 Mast flyers

5 Patriot Paul

mond" lady

8 Actress Taina

11 Mythical hawk

12 Paschal period

9 Landing site

10 Teeth

7 Belonging to the "Dia-

6 Latin love

61 Eli's wife

58 Maize

54 Needle holder

57 Inventor's need

59 Sight on a screen

63 Cardinal Slaughter

47 Refuse

46 Hinged fastener

- 10 Cob or buck
- 14 One of the Greats
- 15 M. Zo**l**a
- 16 Russian Common-
- wealth State city
- 17 Scottish waterfall
- 18 Europe's longest river **19** Telescope part
- **20** Dinghy towing lines
- 22 Mount , Calif.
- 24 Rhine feeder 25 Hammer-throwing
- deity
- 26 Bather's aid
- 29 A backyard site
- 33 Illegal civil acts
- 34 A Ford
- 35 Locale for 1970s vet
- 36 Sigher's comment
- 37 Smithy
- 38 Hilo honker
- 39 Kurosawa's Lear
- 40 Pamplona pawers
- 41 Nez tribe 42 Three-hulled craft
- 44 Yachtsman

#### SOLUTIONS TO LAST ISSUE ON PAGE 75

- 21 Price places
- 23 \_\_\_\_\_ smoke! 25 Barbeque aids
- 26 Kick off
- 27 Kind of cap
- 28 Algerian native 29 "Evita" name
- 30 Like neon
- 31 Galop or gigue
- 32 Eastern bigwig: var.
- 34 Like 60 minutes
- 37 Schooner's wind-
- catcher 38 Mid-level beach
- washer
- 40 City street cry
- 41 Luxurious
- 43 Of the sea 44 Supermarket hiree
- 46 Door support
- 47 Ten: prefix
- 48 Short jacket
- 49 Rope injury
- 50 Bank arrangement
- 51 Perfect place
- 52 Silver State city 53 Bratty behavior
- - 56 Space odyssey date, in early Rome



ACROSS

6 Mail attachments

19 Author <u>de Balzac</u> 20 Bugs grub

characters meet in a

12 Workout wear

Goes on

18 Jellied dish

22 Your florist?

classic 26 Compromise

1970s

24 Where the main

1951 Hitchcock

27 NOW cause of the

28 Has a gambling

31 Your lawn guy?

37 Jay's intro?38 Balmy getaway

35 P.D. rank

problem? 29 \_\_\_\_-European 30 Chemical ending

square →

- 9 6 12 4 3 6 9
- 3 8

4|8 6 1

**★★★**★☆

#### How to do Sudoku:

Fill in the grid so the numbers 1 through 9 appear just once in every column, row and three-by-three square. See example (right).

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HRIS R MCLAUGHLIN



13 Ms. Martinelli

	lud	lok	, W
(			



	6	
o.uk		
Puzzle by telegraph.co.uk		
by tele <u>ç</u>		
Puzzle		

## Row -----

Threeby-three

- 4	

- 75 Went wildly
- 77 Stays81 Collectibles suffix
- 82 Bakes in little dishes
- 83 Your car-finisher?
- 85 Your Italian waiter?
- Weasel's kin 88 Monet influencer
- 89 Anarchist Goldman
- 90 Perrier rival
- 93 Bk. depository 95 Capone chaser
- Cooks on direct heat
- 98 Make beloved **101** Where a pain in the neck might be
- 103 Wood of the Rolling Stones
- 104 Actor Avres **106** Your music
- teacher?
- 108 Vehicle in a barn 111 Help pull a job
- 113 Floater of a sort
- 115 Call \_\_\_\_ day 116 See 128 Across
- 118 Conventional type? 120 Your neighbor who
- won't let you borrow anything?
- 123 Unexpected hit
- 124 Grated 125 Beatty played one
- in "Heaven Can Wait"
- 126 To the rear
- 127 Bear witness 128 Paramount chief
- during the "Chinatown" and "Godfather" years

3

- DOWN
- 1 Minor error 2 Pale
- 3 Meanness
- 4 Contest
- 5 Viragos

6 That yacht 7 Firmed, as abs

10 NFLer, e.g.

11 D.C. abbr.

Barge

13 Decreased

14 Goof remover

15 With 52 Down, a

16 Aaron's daughter

Taken out of a

"The First \_\_\_\_\_

Seinfeld in disgust

1930s look

17 Your uncle, the

recluse?

game 23 Gave a hand?

32 Word said by

33 Exerter's words

34 Verb ending?

38 Disoriented

42 Newspaper

43 Singer Elliott

44 Utah ski area

47 Arctic sea bird

music notes

54 Spoon bender of

49 Fish made of

52 See 15 Down

45 Time

36 Bedtime for some

Raincoat fabric

section?: abbr.

28 Burden

21

25

9 Captain's concern

- temperature gauge 8 Guitarist Segovia
  - 69 Make it 71 Actor Stoltz

67 Part of a

- 72 Suction suffix
- 73 Microorganisms that don't need oxygen
- 74 Your food inspector? 76 Half a dog?
- 77 Butch of NHL fame
- 78 Roman dough, once 79 Space chimp
- 80 Topkicks: abbr.
- 82 Modest 84 Fictional dinerowner
- 86 Rouen buddy
- 87 Turow's law school
- 91 MIT, e.g. 92 Commotior
- 94 Scot's kid
- 96 Mr Pitt 97 Juan's warme
- 99 Never been done before
- 100 Fix anew, perhaps
- 102 Sculpted dog
- 108 English-mangling
- 110 Plant parts

- Wally

- 122 Mar. change
- 105 Dog-bowl refill 107 Some winds Yankee 109 City
- 114 Lobby plant



- 112 Country club buys
- 117 Young Cleaver, to
- 119 Retrieve 120 New Deal agcy.
- 121 Meal preceder



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#### note 55 Diving birds57 Sheet fabric 58 Opposite of "in the future" 60 "You \_\_\_!" (emphatic assent) 61 Least exciting62 Passed (a test) with

ease 66 Howitzer, e.g.



I hate to shop. Department stores make me feel as though Chanel No. 5 was mustard gas, seeping into my skin. Big-box stores make me hate humanity.

So when I read about a new study that found that the average woman spends eight years of her life shopping, I smugly reveled in my un-averageness. After surveying 2,000 women, the global market research company OnePoll found that over a period of 63 years, the typical female spends 25,184 hours and 53 minutes shopping for food, clothing and other household essentials for the family.

She makes 84 trips to the supermarket per year and spends just under 95 hours per year there. Women spend more than 100 hours and 48 minutes per year shopping for clothes, 40 hours and 30 minutes shopping for shoes, and 29 hours and 31 minutes looking for accessories like jewelry, scarves and handbags.

No men were surveyed in this poll, but the implication is clear: Women shop, men don't. Not that men don't spend money, of course. But the conventional wisdom is that they tend to spend larger amounts of it in less frequent intervals.

We assume men, for the most part, like to turn discretionary spending into an elaborately planned-out project. They like to look at those full-page electronics ads in the newspaper and (as has been explained to me by no fewer than 15 men) think not only about the gadgets they might buy right away but the ones they might want or need in the future. The electronics' ad

is apparently sometimes more compelling than porn.

Women may spend hours salivating over the avalanche of catalogs that pile up in their mailboxes, but because they've been conditioned to view real-life shopping as an end in itself, they salivate even more over the tactile experience of running their hands along racks of clothing.

They do it often. They like to bring friends along. And because they're generally responsible for making purchases for the entire household (not just handbags and jewelry but other people's socks and Cheerios), they're often more likely to, you know, actually buy things each time they go out.

In other words, in contemporary shopping, as in primitive civilizations, there are hunters and there are gatherers. And the gatherers, at least judging from this survey, evidently sacrifice a lot of daylight hours to the blandishments of retail establishments.

But I'm going to challenge the assumption that this dichotomy breaks down solely along gender lines. Surely more men are taking on shopping duties for their households and plenty of women loathe the mall as much as I do.

Besides, the entire nature of shopping has changed dramatically over the last few years. In fact, "non-shoppers" like me will probably spend far more than eight years of their lives looking at stuff with an eye toward buying it.

In fact, that pretty much describes just being hold of my Internet search history.

awake now -- at least, awake with an Internet connection. I may say I hate to shop, but really, I just hate stores. Recently I ordered a \$4 plastic hair clip online because I couldn't bear the thought of going to the drugstore, with its piped-in Bruce Hornsby music and unattended toddlers emitted piercing shrieks in the candy aisle.

I'm not saying this was a good use of my evening. In the time it took me to Google "plastic hair clip" and sift through about 500 images of hair accessories, I probably could have driven to the drugstore, bought the thing and volunteered at a soup kitchen for an hour (where the clip would have been in my hair rather than in some mail room in Ohio).

Still, it's the kind of maneuver that's central to my self-concept. It helps me convince myself that I'm a hunter and not a gatherer, that not liking bricksand-mortar stores means I'm not materialistic, that I have nothing in common with those harpies who, in my imaginings, sacrifice eight years of their lives to the discount bins at Target.

But now that I think of it, that's a pretty light sentence compared to a lifetime of trawling the 24-houra-day store that is Google's "shopping" search engine.

Maybe the gatherers have had it figured out all along. Or maybe when those primitive men went out hunting for weeks on end, they were really just milling around Fry's. Either way, I hope OnePoll never gets hold of my Internet search history.

# 32963 HEALTH

# Aah-choo!

It's been a bad allergy season in Vero

P.54

# Page 54 Health

# Allergy season is in full swing – and it's a doozie

BY SANDRA RAWLS COLUMNIST

Ah spring. And it's been a lovely one this year with mangoes, orchid trees, and flowering plants showing off an abundance of blossoms – and pollen, lots and lots of pollen.

Driveways and every outdoor surface have a thin layer of yellow and green, while those furry strings known as catkins hang from oaks and form a thick mat along the street.

The unusually heavy pollen season is not restricted to Florida. The National Centers for Disease Control and Prevention in Hyattsville, Maryland reports 25 million cases of outdoor allergy related doctor visits since October, a 9.6% increase over last year across the United States.

In Vero Beach, pollen means allergies, and perhaps sinusitis and asth-

Dr. Michael Wein of Family Allergy and Asthma, is seeing more people

The unusually heavy pollen season is not restricted to Florida. **The National Centers** for Disease Control and Prevention in Hyattsville, Maryland reports 25 million cases of outdoor allergy related doctor visits since October, a 9.6% increase over last year across the **United States.** 

than usual with strong reactions to the allergens in the air. "We are definitely seeing the impact of all the pollen," he says. "If you don't think it's a big deal, that's because you aren't having an allergic reaction to it. It can make you



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Trees, like oaks, have responded to the cold winter by bursting with foliage, flowers -- and pol-

just miserable." An allergist trained at Johns Hop- and is past president of the State of kins, he also completed programs at Florida Allergy and Asthma Society.

Photos: Tom McCarthy Jr Brown and Vanderbilt Universities,

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- Laser Hair Redu



# Healt

Allergenist Dr. Michael Wein and assorted vials of pure mold and pollen allergenic extracts at his office in

cal Assistant Professor for FSU medical

school, in charge of an allergy project for students on nut trees like cashew, pecan, and walnut.



Yellow films of pollen cover everything now, and can make your nose miserable this seaso

He's also treating locals reacting to what's floating in the air, swirling around patios, or alighting on the surface of the pool.

"We are seeing more allergies now than 30 year ago, that is certain," he says from his Vero office on 20th St.

"Severe reactions to pollen and other allergens is really a misdirection of the immune system. The immune system's job is to fight infections and things that attack the body like bacteria or viruses. An oak or pine tree is not really dangerous. The immune system is misdirecting its aim and giving you the type of symptoms you would get to a more serious agent."

Allergies are grouped by the kind of triggers they have, like the time of year or where in



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# Health



SEM image of pollen grains from a variety of common plants

outdoor category, also known as seasonal, or nasal rhinitis. In the case of pollen reactions. fatigue and headache around the eves, nose, and temples, often occur.

inflammation of

falls under the the nose to release extra mucus that traps bacteria and viruses along with the pollen. The body releases histamine which causes the symptoms we all know too well - runny nose, watering eyes, and scratchy throat.

How do you know if you should see a doctor when you begin sneezing or coughing? "There are plenty of over



the counter products to try, decongestants, antihistamines, and inhalers, A rhinitis is an but if your reaction is interfering with you life, effecting your decisions to go the nose. Allergens out and what you do everyday, you like pollen cause should come in," said Wein.

### **Area Allergens**

#### Trees

Bluejack Oak White Pine Carolina Ash Shortleaf Pine **Carolina Willow** Sand Pine Chapman's Oak Slash Pine Eastern Poison-Ivy Eastern Red-Cedar Laurel Oak Live Oak Myrtle Oak Pignut Hickory Red Mulberry Turkey Oak Water Hickory Water Oak White Mulberry

#### Weeds

Annual Ragweed **Chinese Mustard Coastal Ragweed** Florida Pellitory Jesuit's-Bark Rape Saltwater False Willow Silverling Smooth Amaranth Spiny Amaranth Turnip

#### Grasses

Bermuda Grass Perennial Rye Grass

#### Source: U.S. Pollen Bureau

Wein also says allergy shots can be very effective, but are not for all of us with a stuffed up nose.

"Allergy shots are not if you're having a mild reaction to something that's seasonal like pollen. You'll probably do fine with just medications. But more severe reactions will benefit from the shots. More and more of us are having allergic reactions to what's in the environment."

He offers one possible explanation for the increase in allergies known as



A bee covered in pollen

the Hygiene Hypothesis. "It addresses the lack of early childhood exposure," he says. "In the past, more people lived on farms, there was no air conditioning or airtight windows and doors. We've developed vaccinations, anti- bacterial soaps, a cleaner lifestyle. All these prevent the spread of diseases and infections so our bodies no longer need to fight germs as much as they did in the past. The idea is this may have led us to developing more allergic tendencies."

"Allergy shots are not if you're having a mild reaction to something that's seasonal like pollen. You'll probably do fine with just medications. But more severe reactions will benefit from the shots. More and more of us are having allergic reactions to what's in the environment."

Some believe this development also applies to indoor pets like dogs and cats. "Most of that is anecdotal evidence, although it could very well be happening. But with people we have the scientific evidence - we are becoming more allergic."

fice in Fort Pierce and use of an allergy library that includes allergy and asthma handouts and links to medical organizations. The library reviews the triggers like pollen that cause allergy flare-ups, and treatment options. Over the counter products, he reminds users, "can make symptoms worse for

Decongestant nasal sprays must be used correctly or they too can make a stuffy nose worse by leaving the tissues in the nose and sinuses swollen and encouraging greater usage. They



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# Healt

should be used sparingly. Prescription corticosteroid nose sprays, on the other hand, can reduce inflammation, but should also not be over used

The four pairs of human sinuses in the head contain the same kinds of tissue as the nose. tions. Their infection is

called sinusitis and is caused when a virus or bacteria grows quickly due to blockage from a cold or allergic reaction.

Pollen is nothing to trifle with, and it's so tough it has an extensive fossil record. There is an entire field of botany devoted to studying pollen called palynology. Scientists study pollen to assess the variety and abundance of today's plants and to glean information about climates of the past, paleontology, and for forensic investiga-

The reason pollen has survived from

distant epochs is due partly to what is driving us crazy today – enormous abundance. Producing large quantities of the stuff has long been a "reproductive strategy" of plants according to Vero's Dr. Paul Kuhn of Syngenta Plant Protection.

"For wind pollinators like the pines and oaks, the expenditure in energy to make these tiny spores is small, and since they lose a lot in the wind, they make a generous amount."

What has caused this year's particularly healthy crop of the powder-like

Wein also offers his patients an ofconditions like prostate enlargement."



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grains that feature a hard coat and carry inside the sperm cells of the plants that produce them?

McKee Botanical Garden's director of Horticulture, Andreas Daehnick, knows the answer. "It's the cold weather we had. The trees are responding to the stress of the cold and putting out a great deal of pollen and flowers. We've also had rain this winter so the plants are growing and strong – they've been well watered, even saturated this winter."

blooming almost at the rate of ornamentals and so has the viburnum. Oaks and pines depend on the wind to spread their pollen for germination, not insects. We have a lot of those species, so in these conditions, lots of pollen.'

Is it about over, this plague of male sex cells sailing on the balmy breezes and settling in our nostrils?

"We don't really know," says Daehnick, "but we are seeing trees bloom and re-bloom in these conditions. "The mangoes and orchid trees are Plants that are irrigated may be start-



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The cold snap and heavy downpours are responsible for giving flowering plants a boost -- and they are bursting with flowers. tch up

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ing to slow down, but those that are not still have a ways to go. Overall we are not done vet."

That's not happy news for those who work with trees and shrubs, or the rest of us tired of tidying up, and heading to the drug store or doctor.

Robin Lemley, coowner of Robert Lemley Landscaping, is frequently seen at client's homes in John's Island and the Moorings Anchor. A thick coating of pollen continues to appear overnight on vehicles and equipment.

"Everyone's been talking about it," she said Friday. "If a client has a car or driveway cleaned one day, the next it's completely covered again. It really bothers some people and can make you sick.'

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## ADAM TSCHORN LOS ANGELES TIMES

the humble military-inspired staple of the '80s preppy wardrobe — and hall-



# Is khaki due for yet another day in the sun?

Banana Republic pants in khaki and tans are making a comeback

Khaki is back. But more than that,

mark of the '90s casual Friday era that followed — is marching upmarket. This spring, dusty brown cotton twill has moved far beyond the beige pant, riding the Army/safari trend deep into designer ready-to-wear territory.

> On the women's springsummer 2010 runways of New York and Europe were crisp safari dresses and lace-up ponchos at Celine, sleeveless militaryofficer-style shirt dresses at Chloe and a cornucopia of khaki colors at Alexander Wang, crafted into corsets, pieced alongside leather and heather gray knits in slouchy mixedfabrication trousers and even shaped into a sexy, belly-button-baring dress.

> For men, there were peak-lapel khaki jackets at D&G: sleeveless deconstructed shirts and baggy, lightweight trousers at Dior Homme; and multiple layered pieces in the Versace and John Galliano foreign legion-flavored collections.

Even the casual sportswear arena — khaki's home front - has revisited the tan trouser with fervor. The new LL Bean

Signature collection updates the cut of the beige bottoms (lowering the rise a bit — and raising the price tag about \$30 in the process), and Banana Republic, which long seemed bent on escaping its jungle safari roots, has returned to them in full force.

"We've actually turned it into the center of the [Banana Republic] lifestyle," said Simon Kneen, the brand's creative director and executive vice president. "It's been cool in Europe for a while, and we just felt

there was starting to be this kind of cool factor surrounding the chino here." He pointed out that the latest take on the tan twill includes washing the fabric down to a super-soft hand, crinkling it up by adding metallic threads and offering a platoon of pieces, including military-flavored jackets, skirts and pants.

Dockers, which helped make the \$30 to \$60 cuffed, pleated khaki the default casual pant of an entire generation, is trying to kick khakis up a notch. In early April, the Levi Strauss-owned brand launched a collection of khakis at L.A.'s American Rag boutique that retails for up to \$200 and bears the kind of details — abrasions, resin and dye treatments - and artisanal-style embellishments, such as like seam taping and expensive fabrics, that were once the sole province of super-premium denim. (See related story.)

"There is definitely a resurgence in khaki," said Macy's men's fashion di-

CONTINUED ON PAGE 60



Khaki is even showing up in fitted pants, skinny jeans style.

# Page 60 Style

#### CONTINUED FROM PAGE 59

ing that as we go through fall and into next spring, it's going to be huge."

David Wolfe, creative director of the New York trend forecasting firm Doneger Group, concurred: "I think it's book "Khaki: Cut From the Original going to keep gaining momentum as it goes," he said. "Probably for the next couple of years."

Why the khaki comeback? And why now? To understand that, here's a brief primer.

from the Hindi word for dust, traditionally refers to a specific color — a shade of tan or beige — and the term was used as far back as the 1840s to refer to the cotton twill uniforms worn by British colonial forces in India. (A 1999 Cloth," commissioned by Levi Strauss & Co., goes so far as to anoint British Lt. Henry Lumsden as "the inventor of the khakis," fixing the year at 1846 in Puniab. India.)

The word "chino" can refer more By itself, the word "khaki," derived widely to the durable twill fabric. In



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my team with this question and know we have in past articles touchhere is what I got. I thought I knew ed on the acidification of hair to this one, but it became clear that heal, but I never realized that this your simple question was well, same principle has now replaced not so simple. My team agreed old school wisdom of the need to that the general consensus in years abstain from the washing of hair past was to hold off a day or two after color. I also noticed that of to let it all "set in". This would the top brands of color care shamappear to no longer be the case. poo and conditioner they share I came to this conclusion after two attributes 1) They tend to be telling "Team Hair Guy" this Sulfate free and 2) They acidify weeks question and Answer, and the hair. So assuming you are usimmediately getting mixed feed- ing the proper type of product, I back. Turns out, they had some- confidently answer, NO, you don't thing. Many brands of color manu- have to wait to wash your hair. My facturers in their instructions, in- favorites A/G brand Color Savour struct the user to shampoo and shapoo and conditioner and Pracondition the hair after proper vana Naturceuticals brand Color processing and timing has occurred. save Shampoo and Conditioner. I Other brands instruct to use a do add however, if you are unsure special anti oxidant solution after of your shampoos attributes, it is processing to ensure the removal better to hold of and wait a day or of any chemical residue. Whatever two. Don't kill a \$100 dollar color

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Flat front khaki pants for men are becoming a "casual Friday" trend.

the military-inspired khaki-colored Fairchild Dictionary of Fashion" traces Khaki's first wave of popularity came

the U.S., it often refers specifically to to an early point of origin: before World War I, back when the U.S. Army's sumtrouser of the same fabric, which "The mer uniforms came from China.





in the 1950s, when American soldiers that, khaki never really went away." returning from World War II helped But the ubiquity had its downside. "It them make the transition from milijust faded into the background and betary barracks to college campuses. Afcame the choice of complacency. You ter the denim-drenched '60s and '70s, wore khakis because you had to, not khaki came back around in the '80s as because you really wanted to," she said. the color-inside-the-lines alternative "And that's not a good place to be." As the default uniform of the cubito the jeans worn by counterculture hippies.

Dockers brand, which was the khaki equivalent of storming Normandy; the company takes credit — or blame, de-And to hear Dockers' current president Dockers ended up hoisted by its own pleated petard.

"From 1990 on, [Dockers] made a huge effort to establish khaki in the be, as light as it can be, it's had as much workplace — and it worked," said Karen Rilev-Grant, Dockers' director of global consumer marketing. "After

# Style

cle-dweller, khaki soldiered on through Then, in 1986, Levi's launched its two more decades that pretty much belonged to denim in every incarnation — ripped, abraded, sanded and resin-baked, and made from selvedge pending on your point of view — for fabrics, Japanese fabrics, stretch fablaunching the casual Friday offensive. rics and rare dead stock fabrics. Now retailers and trend analysts see the of global branding tell it, that's how pants pendulum swinging back the other way.

"We've been in denim for years," Guion said. "It's been as dark as it can stuff on the back pocket as you could possibly put on a pocket, and it's been deconstructed in every imaginable



Theory cropped khaki trousers

way. We've seen every extreme and back again.'

Though Wolfe agrees that most of khaki's resurgence can be credited to denim reaching what he calls "an absolute oversaturation point," he points out a couple of other factors that are helping give khaki its current kick in the pants.

"The khaki color is so right because we're in such a heavy neutral [color] cycle, right now," he said. "And it solves that male dilemma — it goes with everything. You don't have to worry about whether you're wearing it with a white button-down, a polo, a Ted Baker gingham or an Ed Hardy T-shirt. It's a no-brainer bottom." (That versatility has an added economic appeal too.)

And Wolfe points out one additional factor: The reputation khaki has earned among the stylish set as the de facto uniform of the uncool kids is now becoming part of its appeal.

"There's also a sort of anti-fashion element to it," he said. "Right now we're entering a big time of discontent. disillusionment and burn-out with fashion.

"There's a feeling that all the fastfashion and [cycling] trendiness is too much, and I think people are looking for an antidote."

Which means a crisp, clean pair of khakis could end up being more than popular — they could actually end up being cool — as long as those '90s-era pleats stay firmly in the past.



# Page 62

# Style

# **Dockers for \$200?** The casual brand goes upscale

## BY ADAM TSCHORN LOS ANGELES TIMES

A collection of sepia-tinted, artfully abraded men's trousers in a color palette ranging from pale putty to slate gray sit at crisp attention on the military-industrial shelving of L.A.'s trendy American Rag Cie boutique, beneath a sign that declares in all capital letters "BEFORE CORNERS WERE CUT." Nearby, a glass case displays the detailed construction of a pair of the pants that have been turned inside out. Tags dangling from the waistbands show prices as high as \$200.

Oh, did we mention that the premium pants in question are Dockers?

When you chat with Karen Riley-Grant, Dockers' new director of global consumer marketing, about the brand's bid for the high-end business, there's no need to dance around the big khaki elephant in the room. "There's a negative perception out there that we have to overcome," Riley-Grant admits. "It's the idea of the pleated-pant cube-dweller with the blue Oxford and the brown shoe.'

She says the San Francisco-based brand, which is owned by Levi Strauss & Co., had lost its way since the early '90s heyday of chino-clad business casual. "We launched in 1986, making great khaki pants for men; then we quickly grew into doing women's [pants], and doing head-to-toe," she says. "We went through a kind of midlife crisis, splintering the message, and our advertising started looking like everybody else's. And we weren't innovating; we were making the same pleated pant over and over again."

But now Dockers is on the offensive, claiming its rightful place in the pantheon of pants. A label stitched into



Dockers K-1 pants \$150 at American Rag

some pairs of the premium trousers but it probably isn't a good idea to call

them boring either. Men wearing khaki proclaims: "Khakis may not be fancy, won two world wars, wrote the great American novel and discovered a little

"Khakis may not be fancy, but it probably isn't a good idea to call them boring either. Men wearing khaki won two world wars, wrote the great American novel and discovered a little thing called relativity. Nope, khaki may not be fancy. But it is far from ordinary."

thing called relativity. Nope, khaki may not be fancy. But it is far from ordinary." Still, reinvigorating a label like Dockers might seem like a Sisyphean task, especially since the men's and women's casual pant business is down. New York-based market research firm NPD Group says sales dropped 9.5% to \$10.3 billion for the 12 months ending

Jan. 30. But Riley-Grant says there are a few things that make it more than an exercise in fashion futility. First, she points out that today's twentysomethings have grown up pretty much swaddled in denim from day one. So there's a potentially huge untapped market in the Millennial generation.

Second, she shares the belief held by retailers and trend watchers that the denim market has embellished, dip-dyed and deconstructed itself into oversaturation, and that consumers will soon be clamoring for something new and different but just as multipurpose.

And as someone who used to work on the marketing side of Levi's Vintage



One of the new image ads for Dockers

Collection, Capital E and Levi's RED premim denim sub-brands, Riley-Grant happens to have a handle on what kind of things can elevate a hardwearing, utilitarian, everyday fabric to the level of covetable clothing worth three figures.

Which means the new K-1 Khaki Collection will tap into a rich military history by copying the style of an actual WWII U.S. Army-issue trouser and using a heavy-duty cotton twill called "Cramerton cloth" on some styles.

In addition, buttons are burnished, interior seams are taped to resemble selvedge, pocket bags tout the masculine history of khaki, and fabrics are washed until the crispness of khaki crumples to buttery softness. All of those cool artisanal details









not."

months.)

ple denim from its spot at the top.

aside, will people open their wallets for \$200 Dockers, when the bulk of the line's pants are about \$30 at stores like Kohl's and \$60 at Macy's? Durand Guion, men's fashion director at Macy's, thinks if any khaki can do it. Dockers can.

"I think men are still in rediscovery mode right now, and since Dockers is a brand that has heritage to it, guys will take note," he says. "It's not like it's a new line that's coming out of someone's garage somewhere, there's a story to it. Ten or 15 years ago did I ever think Macy's would be selling tons of \$150 to \$200 jeans? Absolutely

on La Brea Avenue in Los Angeles —

"Denim's been around for 150 years:

denim, then we've succeeded."

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# Dining

Page 64

# **Restaurant Review**

# **River Grille:** Fine dining in Sebastian



The legendary 18 oz. bone-in rib-eye "Cowboy" steak with spinach souffle and honey glazed carrots. Photos: Tom McCarthy Jr

# BY TINA RONDEAU COLUMNIST

Prior to our discovery last year of the River Grille, we would have chuckled at the idea of anyone using the terms "fine dining" and "Sebastian restaurant" in the same sentence.

The only reason beachside residents used to drive to Sebastian for

a meal was for the scenic pleasure of dining while gazing out over a broad expanse of the Indian River lagoon.

Ironically, the River Grille – now in its third year - is neither on nor near Sebastian's riverfront.

It sits in a nondescript building on U.S. 1, and the only thing this curiously named restaurant overlooks is a parking lot.

But inside, the ambiance is considerably better than what you would

the street.

And in the half dozen times we have visited it since Michelle Hennessy won Vero's Top Chef challenge last vear (she was a runnerup this year), we have consistently been impressed with the quality and inventiveness of her dishes.

A couple of recent visits to the River Grille were cases in point.

On one Saturday evening, I enjoyed the sweet and spicy scampi (\$24.95), one of Chef Michelle's favorite dishes, which comes tossed with angel hair pasta, spinach and fresh tomato.

The plump shrimp were cooked perfectly. The dish didn't seem at all sweet. While it had spice, it was by no means hot, and a touch of lemon left a nice fresh taste on the palate.

My husband had the terivaki seared ahi tuna (\$24.95), a very nice piece of tuna served with wasabi sauce, pickled ginger and tropical salsa. Our companion had the steak tips and pasta (\$18.95). She loves stroganoff-type dishes, and pronounced this one excellent.

On another visit, my husband ordered the special of the day, scallops served over risotto – gorgeous plump scallops atop a creamy risotto infused with co-

conut. Delicious. Our companion ordered the grilled lump crabcakes (\$24.95) – crabcakes prepared with virtually no filler.

I had the filet and shrimp skewers (\$24.95), a tasty beef and shrimp combination.

Entrees come with a nice choice of side dishes including a twice-baked potato and a spinach soufflé that is almost worth a trip on its own.

While the jumbo lobster ravioli is

expect viewing it from a particularly appealing appetizer (\$8.95), with nice chunks of lobster in raviolis topped with an asiago cream sauce, we generally start with Chef Michelle's soups, which are among the best in the area.

> The two choices are the port wine cheddar & crab bisque (\$5.95) and the three-onion, Guinness & gorgonzola soup (\$5.95). While the latter is a tasty onion soup, the creamy and flavorful crab bisque is the better of the two

> For salads, our vote is for the River Grille salad (\$6.95) – a very nice mix of spring greens, nuts and cranberries in a tasty vinaigrette dressing. Our companion usually opts for the traditional Caesar \$5.95).

> For dessert, the tough choice is between the homemade apple crumb pie and the homemade butter-rum bread pudding – each (\$6.95) and each served with a scoop of extremely creamy vanilla ice cream. Our vote here goes to the pie.

> Bottom line: While the River Grille sets the standard for dining in Sebastian, this upgrade comes at a price. In the past year, the River Grille has raised the price of most of its menu items by 20 to 30 percent – a rarity in this economy -- making it less of a bargain than it was in 2009.

> But for residents of Orchid and the northern part of the barrier island who can zip across the Wabasso causeway, driving to the River Grille is no more of an excursion than going to restaurants in Vero Beach. And for Sebastian, the River Grille is in a class of its own

Dinner for two with a modest bottle of wine will run around \$120 before tip.

I welcome your comments, and encourage you to send feedback to me at tina@verobeach32963.com.

The reviewer is a beachside resident who dines anonymously at restaurants at the expense of Vero Beach 32963.

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Vero Beach 32963 / April 22, 2010

# Dining

## BY DAVE MCINTYRE WASHINGTON POST

correctness or polemics. (Readers who merely desire a simple glass of fermented grape juice to enjoy with dinner might want to turn to the ediin wine is whether that juice you're drinking is "natural."

The natural-wine movement has been sweeping France for a few years now, with stylishly dressed millennials in trendy wine bars in affluent urban neighborhoods celebrating the peasant vignerons who defy globalization in defense of terroir.

There's a Gallic defiance of the European Union's standardization of regulations, which is seen as undermining France's strict defense of tradition and quality as the homeland of fine wine. And there's more than a soupcon of resentment against New World (read "American") wines and their flirty fruitiness that renders them wines of





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# Wine Column

# For wine, natural does not mean perfect

Wine is not immune to political

the masses rather than wines of character

The movement has reached the United States, with wine bars in San Francisco and New York featuring natural wines from France, Italy, Spain and even California. Importers such as torial page now.) The latest battlefront Louis/Dressner Selections and Jenny & François Selections in New York and Williams Corner Wine, based in Char-

lottesville, specialize in natural wines. Simply put, natural wine is an extension of organic and biodynamic viticulture, two approaches to winemaking that focus on the vinevard.

The natural-wine movement pays attention to winery practices as well, rejecting cultivated yeasts in favor of those indigenous to the vineyard or winery. It rejects the practice of adding sugar or acid to correct balance or enzymes to aid fermentation, as well as other manipulations. Natural wine, its proponents argue, is a true wine of place.

"Enologists at UC-Davis set the

standard of what wine should be, and they defined it by identifying faults and how to correct them," said Nicolas Mestre of Williams Corner Wine. "That approach has no pleasure in it."

Natural wine embraces the unexpected and revels in the differences conferred on wine by each vineyard or vintage. It seeks to minimize the impact of the winemaker and glorify nature's voice as expressed by the grape.

And there's the rub: The minimalist approach of the natural-wine movement, taken to its extreme, can be an excuse for bad winemaking. Without human intervention, wine naturally turns to vinegar. The most controversial tenet of the natural-wine movement is the rejection or extreme minimalization of the use of sulfur dioxide during fermentation and bottling.

Sulfur is a natural preservative used to protect wine against microbial contamination. Sulfur dioxide added at bottling prevents the wine from refermenting in the bottle and protects

against the premature oxidation that leads eventually to vinegar. It is especially important when the wine is to travel far from its place of origin.

These natural wines can be compelling, perplexing, frustrating and even unpleasant, sometimes all at once. Straight out of the bottle, they might taste funky and require aeration, such as decanting for several hours or even a day before drinking, as if the wine woke up on the wrong side of the cork. Many consumers might not be willing to commit to such a relationship with a cantankerous bottle of wine. But with the better ones, the effort is worth it.

Market preference has swung significantly away from the industrialized, chemically dependent winemaking prevalent in the second half of the last century. The growth of organic viticulture has focused industry and consumer attention on the harmful effects of pesticides, herbicides and synthetic fertilizers.



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## BY MICHAEL BIELECKI CORRESPONDENT

Vero Beach High School athletics have long been a source of pride for the local community. From football to girls lacrosse. The

Fighting Indians field one of the most competitive all-around athletic programs in the state, and the people here come out in force to watch the games.

With an athletic budget that was reduced \$100,000 over the past four vears, VBHS will face another challenge next year: pay-to-play athletics. Both Sebastian River and Vero Beach High Schools will charge students a one-time, non-refundable fee of \$65 to participate in sports next year.

Vero Head Football Coach Gary Coggin was sad to see this day come for the athletic program, but was realistic about the situation.

heart and my soul a little bit," said Coggin. "I would hope that if a young man wanted to play football that he'd





Sports

# Vero Beach High athletics enter the pay-to-play era

"Being Mr. Old School, it hurts my

get a chance to play in our school." But he's optimistic it would happen.

"I would think that between our booster club, our school, and our principal, we'd find a way to handle the extra expense. In the long run, it might be something that would draw us together-if they work for each other, they'll play for each other."

Coggin, while refusing to call it payto-play (he prefers to call it pay-to-participate), acknowledges that there are schools all over the state and country that have already adopted the system.

"We're more fortunate than most people because we are here in Vero Beach," said Coggin. "But, we're not so well off that we're above everyone else either. The cuts aren't just happening to us; I mean, some people are losing jobs over this (economy). We're not just talking about sports.'

Vero Beach Athletic Director Tim Tharp went through a similar situation when he held the same position at Palm Beach Gardens High school vears ago.

"At Gardens we implemented a \$20 fee, and it's happening all over the state," said Tharp. "Personally, I feel \$65 is a little steep. Because of the financial situation here at VBHS. I'd even feel bad asking for the \$20 charged in Palm Beach."

"When you look at the two high schools, you have two different situations," added Tharp.

"I think they probably had to keep the price equal at both schools though."

Tharp says that high schools in the Northeast that charge up to \$300 per student to play sports, but knows it's different when it hits closer to home.

Like Coggin, Tharp felt that the long-term implications could be positive for pay-to-play.

"I think it could teach the kids some responsibility," said Tharp. "If they know they are going to have to set aside \$65 in the fall to play sports, they could keep that in mind while working a summer job and budget for it."

No one seems worried that, long-

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term, some kids might be dissuaded from playing sports.

Vero High Football has one of the biggest coaching staffs in the area, and Coggin knows there is a possibility he'll have to scale back his staff. "Depending on what the county decides to do, we may have to make some adjustments and have coaches coach offense and defense," said Coggin. "We'll do whatever we have to do to adjust though. We have a great booster club and we get a lot of support from the administration here-we're all in this together."

Tharp wasn't sure how cuts would affect Coggin's staff as of right now, but for the other sports, he knows it will take some balancing.

"You start cutting too far and we get into safety issues," said Tharp. "If we have a varsity and junior varsity soccer team, you have to have two coaches. There must be somebody supervising each team. We're not going to get to a point to where we are jeopardizing the safety of the kids."

**Open House topics** will include: Curriculun Athletics Student Activities **Tuition** Assistance **Campus** Tours

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# Page 68 Pets

# **Best friends, two loving "doxies" find home**



Lolita and Dylan, playing at the beach.

BY CISSY SUMNER COLUMNIST

I recently received this story, about a pair of Daschshunds who have turned a Shorelands East home happily upside down. From Wilma Connell:

Lolita was one of the dachshund puppies born at the Humane Society of Vero Beach from a group of 150 dogs rescued from a local puppy mill. We adopted her in Dec. 2005. Lolita has plenty of canine relatives

in Vero Beach. In fact, an article was written in Vero Beach 32963 about Lol-



#### Feline Hyperthyroidism

Many cats experience sudden weight loss and irritability in later years that is often dismissed as normal aging changes. In reality, these signs could indicate a more serious physical problem. Located at the front of the throat and situated above the trachea, the thyroid gland is part of the body's endocrine system and helps control metabolism, blood calcium levels, energy, and weight loss, as well as other functions

In some cats (and rarely in dogs), the thyroid gland develops a form of cancer that causes excessive production of the thyroid hormones. Almost all (98%) are benign adenomas. The excessive production of hormones leads to changes in the cat's physiology and behavior. Cats often appear scraggly with unkept hair coats. They lose weight drastically despite sometimes drastic increases in appetite. They may exhibit hyperactivity and be fractious or difficult to handle. Hyperthyroidism can lead to heart arrhythmias or murmurs. The development of thrombi (blood clots can result). Patients frequently present with signs of rear limb pain, weakness, or paralysis. This condition is referred to as a saddle thrombus and is an emergency. Cats need immediate treatment with anti-thrombotics to avoid permanent paralysis.

Thyroid testing is preformed in the clinic through collection of a blood sample. Routine bloodwork is also recommended to screen for kidney disease that is also often concurrently present. Early detection is key to getting patients stabilized and avoiding complications of untreated disease. Patients may be treated in three ways. First, daily treatment with medication over time controls production of excess hormones. Surgical removal of the thyroid or radio iodine therapy are also used to remove or destroy the overactive thyroid tissue. Divine Animal Hospital offers client education, advanced diagnostics, and treatments of hyperthyroidism and concurrent problems including ECG, echo cardiograms, complete blood testing, ultrasound, and digital x-ray.



25.2010.

Lolita's gentle and sweet nature, her gracious and feminine ways, are delightful. She is very companionable. As a puppy, we carried her around in a small pouch and she has since been a cuddle pup. Two summers ago, we decided to get her a buddy to play with. beauty of pets inspires others to be-And so, little Dylan arrived in August come considerate and more caring 2008 to keep her company, entertained, and very, very, busy...

Little Dylan is a very strong and determined "doxie." True to his nature, he is bovish and enjoys rough play. He loves to chase Lolita around the house and vard, and gets her going for hours. We love to see them play tug-of-war; Lolita gets really feisty with him. Even though Dylan is a big, strong dachshund, Lolita usually wins the tug-ofwar battles due to her quick and witty strategic moves.

Her ultimate revenge

comes in the morning hours when Dylan is still half asleep. She loves to grab Dylan's big ears and pull and shake them, vigorously. They complement each other, perfectly.

Lolita and Dylan's most favorite pastime is going for long walks on the beach. These doxies are true beach dogs! They enjoy trotting along the beach and playing with their many beachside doggie friends that they've met along their walks and from our neighborhood. Dylan loves to run and fly over tall sand dunes, chase Lolita and the waves... In the evenings, when

ita's lovely aunt, Lily Adams, on March it is time for them to finally mellow down, they enjoy snuggling in the sofa with the family while we watch TV.

Quality time with our doxies is sheer joy! They are so affectionate and funny! They have taught us that as people, pets also need lots of love, attention, and support from their families. The citizens, which in turn helps our community



Lolita and Dylan became fast friends, and love tug-of-wars.

This source of love has inspired our daughters, Brianna, 16, and Lilly 10, to care and help animals. Our daughters know that as citizens, we all have the responsibility to care for those that can't speak for themselves -- pets, wildlife, and the environment. They have helped make a difference by spreading this inspiration of care to classmates, friends, and family.

Thanks, Lolita & Dylan!

Is your pet an Island Pet? Email Cissy Sumner. CPDT-KA at bbdogtraining@ *bellsouth.net to nominate your pet!* 



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BY REV. DRS. CASEY AND BOB BAGGOTT COLUMNISTS

Albert Einstein once said that the most important question we might ask is this: "Is the universe a friendly place?"

In his book, The Lord is My Shepherd, we think Rabbi Harold Kushner provides a clear and compelling answer to that most significant question about the world's friendliness. In his book, Kushner examines the marvelously compact 23rd Psalm, comprised of only fifty-seven words in its original Hebrew. But the brief psalm is a powerhouse of assurance about the friendliness of the world.

Consider the psalm's opening line... The Lord is my shepherd. In this line we hear the assertion that despite this being at times a difficult world, there is someone who cares about us. Let the newspapers report what they must. Let the radio and television commentators share the grim news .We can face these things and more with courage and confidence, knowing we are not facing life's troubles all by ourselves.

The second note of assurance about the friendliness of the world that jumps out at us from the psalm is found in the line, I shall not want. In other words, we will have the resources we need. Now, some religious traditions support renunciation of all worldly material goods. They seem to say that by not wanting things, we will not be distracted or disappointed. And then there are those religious traditions that support the accumulation of worldly goods, claiming God really wants us to be materially successful.

This psalm does not promote either position. It is simply saying that while our every extravagant desire may not be met in this life, we will get as much as we need by God's generous hand. If we trust God to be the provider of all essential things, then what could be missing? Or as Kushner says, "If the Lord is my shepherd, what more do I need?"

A third significant word of assurance about the world's friendliness **On Faith** 

# A world of wonder where we have nothing to fear

Yea, though I walk through the valley own lives, can escape time's relentof the shadow of death, I will fear no evil. Walking through that valley of the those more fortunate we believe, deshadow of death is not optional. We all must do it. How will you face it? Some we should not waste a moment. respond to the inevitability of their deaths by living lives of numbing self- that, Surely goodness and mercy shall indulgence. Some become despairing follow me all the days of my life, and

comes to us from Psalm 23 in this line: when they realize nothing, even their less push toward the valley. But some, cide that if our days are to be limited,

The writer claims with authority

I will dwell in the house of the Lord forever. If you asked the psalm writer whether the universe was a friendly place, what do you think he would say? We think he'd answer without a moment's hesitation that it's more than friendly. It's actually a place of endless wonder where we're never alone, where we get what we really need.



#### Page 70

# **Real Estate**

# **Two Moorings homes showcase classic style**

## BY LISA ZAHNER STAFF WRITER

For more than 35 years, Vero natives, transplants and snowbirds have flocked to the lifestyle at The Moorings and its 500-acre ocean-toriver location, and it's still attracting its share of high-end buyers.

But realtors are finding that many discerning prospects want new or recent construction, so they can move into luxury without the hassle of a major renovation.

Of the single-family homes for sale in The Moorings, here are two examples of quality construction and the latest conveniences built into spacious, two-story homes with classic style.

Though these two homes are huge, their footprint from the road is understated and blends in harmoniously with the older homes in the surrounding Moorings' neighborhood.



The Moorings' newest spec home at 1906 Mooringline Drive spans 7,777 square feet alongside one of the community's deep-water canals with space for a vessel up to 118-feet in length.





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the block

The spec home at 1906 Mooringline Drive is an example of deepwater Moorings living at its best. Situated on one of the many dredged canals leading to the Indian River Lagoon, the dock behind the house can accommodate a vessel up to 118-feet long and the view up and down the canal is dotted with sailboats and pleasure cruisers of neighbors taking full advantage of the maritime life at The Moorings.

The 7,777 square-foot home was ago, making it one of the freshest spec homes on the whole barrier is-

Mooringline Drive's new kid on Estate Properties, who has the listing with Cindy O'Dare, opened the home up for brokers and Realtors a couple of weeks ago to give them a sneak peek.

"This is the only new home for sale in The Moorings," French said. "People are buying existing homes and remodeling in here, doing major remodeling, but this is the only one that is completely new. There was a smaller home on the lot that was demolished."

The home, which is listed at \$4,875,000, is the third major project completed less than three weeks in The Moorings built by contractor Vic Lombardi.

"Vic built one for author Debbie land. Broker Clark French of Premier McComber which sold for \$5.1 mil-



The covered terrace winds around the entire back of the home, connecting the master suite, guest bedroom and the River Room upstairs, while overlooking the deep-water canal and the estates of The Anchor across the way.







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With a mahogany paneled library on the west side of the house and a media room wired for surround sound on the east side, family members can enjoy a quiet read or a great action movie with equal pleasure.

# Real Estate

lion and another at the end of Windward Way for \$4.8 million," French said.

The home offers six bedrooms, eight full baths, the River Room as a congregating place upstairs in-between the split bedroom plan and a master suite which runs the lenth of the house from north to south overlooking the water and comes complete with fitness room. The view from the master suite and from the hers bath go across the canal to the estates of The Anchor just across the wav.

Where some spec homes try to include a little of this, a little of that to appeal to a wide variety of potential buyers, this one carries through its simple, traditional theme -- on the verge of being colonial in feel -- from room to room, upstairs and downstairs, from kitchen to bedrooms to bathrooms.

Though the home could be decorated equally beautifully with sleek, contemporary furnishings or greatgrandma's antiques, the formal





The timeless and functional off-white kitchen with mahogany island, stainless steel appliances and tumbled limestone backsplash creates a spacious workspace and gracious room for enter-

CONTINUED ON PAGE 72

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# Page 72 **Real Estate**

#### CONTINUED FROM PAGE 71

dining room with birch wainscoating cries out for an elaborately set banquet table, complete with family and friends gathered for a celebration. Including a large, formal dining room into the floor plan was deliberate, as there are many homes on the market from the era of the "great room" and buyers -- both retirees who like to entertain in grand style or young families making memories together -- who look for and would enjoy an area set aside for holiday dinners, special occasions and breaking bread with loved ones or business associates.

The elegant blend of modern and classic carries forth into the bathrooms, where roll-top bathtubs on pedestals sit alongside shower facilities with the latest in spa and steam features.

For convenience, there are two full-size laundry rooms -- one upstairs and one down. The kitchen combines homey features such as a tumbled limestone backsplash giving a cobblestone or brick-oven effect to the room, with all stainless steel appliances for durability and ageless beauty.

"I'm a big fan of white or off-white kitchens because they don't go out of date," French said. "In older homes, you can almost date them by the color of the kitchens."

Several refrigerators are tucked away in various locations in and outside the home, including one in the fully equipped summer kitchen with built-in gas grill and marble countertop -- coordinated with the marble in "his" bathroom to mark out his space indoors and out.

Where a multi-use room for an office/library and media room is common, this home separates reada mahogany-paneled library with day.

Stacey Clawson

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This Mediterranean beauty built in 2007 is positioned on an oversize lot on Reef Road, just across from the ocean. Despite its dramatic appearance from the courtyard pool area, the home appears charming and unpretentious from the street.

window seat on the west side of the house and a media room wired for surround sound on the east side, providing the space and privacy for family members to utilize both rooms to the fullest simultaneously.

Overall, French describes the home as "up-to-date classic" and said Premier hosts open houses at ing and enjoying media by offering the property each Saturday and Sun-

Diane DeFrancisci

772.538.1614

### ocean on Reef Road

Custom homebuilder Manny Vieria and his wife, Izabel purchased the lot for their dream home at The Moorings in 2002 and after seven years of meticulous planning and construction with the finest of detail and quality, completed the Mediterranean estate in 2007. Located directly across the street from the

**Old-world charm steps from the** ocean, set comfortably back on an oversized lot for the ultimate in privacy, the fabulous floor plan of this home features five bedrooms, four full and three half baths, an epicurean kitchen to please the must discriminating a chef, formal living and dining rooms, family room, woodpaneled library and a large media and game room.

The more than 5,500 square feet



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The peaceful symmetry of this his and hers master bath suite offers personal space for grooming with the romance of an inviting, shared and

With extensive wood and millwork throughout the home, one of its best features is the epicurean kitchen, designed to serve as the "heart" of this estate on Reef Road.

under air with marble and wood flooring throughout includes generous first-floor master suite spanning 48 feet by x 21 feet, with a luxurious his and hers bath. The family room and master bedroom open to the covered veranda, fireplace and pool and spa. Vehicles, equipment in the home's four-car garage on the north side of the property.

"Manny was a builder in New Jersev for over 30 years and he and Izabel are of Portuguese decent. This custom built Mediterranean style home features many of the details from that background, " said broker Marsha Sherry of The Moor- nate.

# Real Estate

ings Realty Sales, who has listed the home for a newly reduced price of \$2,195.000. "They bought their lot in 2002 and loved the proximity to the ocean and St. Edward's School. This home was built with love and the finest details."

"The Vieiras had no intention of ever selling, however, with their recent purchase of two new businesses out of town, they have decided it's more important to take that threehour commute time and spend it together," Sherry said. "So, some lucky home buyer will find the perfect house already built and waiting just for them!'

Imported concrete columns in the dining room, exquisite custom tiles and travertine marble are just a few of the features that Manny Vieria incorporated into the Mediterranean villa flavor of 585 Reef Road. Sherry pointed out the highlights of the home, including lots of space for "family" living and entertaining.

"Although the formal entertaining rooms were important their Florida lifestyle required informal living space also," Sherry said. "The eatin kitchen which opens to the large family room and the first floor master bedroom all open to the exquisite covered loggia, pool and spa."

The epicurean kitchen is the "heart" of the home and features all Miele appliances including the built-in cappuccino/espresso machine and steaming drawer. The upstairs boasts three guest rooms and baths plus the billiard and theor hobbies also have plenty of space atre room. Exquisite millwork and rich wood feature strongly in nearly every room of the house, giving it a warm and intimate feel, despite its sprawling floor plan.

> Both homes have gorgeous outdoor living and pool areas which provide not only scenic vistas but opportunities to relax and rejuve-





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# Calendar

### **APRIL**

#### Through April 30

The Artists Guild Gallery presents The Florida Collection: Colors of Nature, Life and Beauty, featuring guest artist Louise Jones-Takata. 299-1234

#### Through May 2

Disney's Mulan, Jr. at Riverside Children's Theatre. 231-6990

#### April 22

Patrick Smith's novel of old Florida, A Land Remembered, comes under review local cattlemen, Mark and Rob Tripson, and Will Barker at the next book social presented by the Indian River County Historical Society. 2 to 4 p.m. at the Hallstrom House. \$15 members, \$20 non-members, 778-3435

#### April 23

Cultural Council of Indian River County 2010 Laurel Awards, honoring cultural leaders in the community, will be presented at a cocktail party from 6 to 9 p.m. at Riverside Theatre. (postponed from March 19) Tickets \$50. 770-4857

#### April 23

Bags and Bubbly Luncheon with silent auction at Grand Harbor Golf Club to benefit the Willow School and Youth Guidance. Tickets \$75. 770-0758

**April 23 – May 23** The 25th annual Indian River County Student Juried Exhibition at the Vero Beach Museum of Art, in the Museum's Studio Gallery in the Hazel Education Wing. Awards ceremony and reception, open to friends, family, and VBMA members, will be presented at 6:15 pm on Friday, April 23.

#### April 24

Faith communities, including the Community Church, Holy Cross Catholic Church, Church of Jesus Christ of Latter-Dav Saints, Unitarian Universalist Fellowship, and Unity Center will gather at 8 a.m. at the Indian River Mall for assignments for the Vero Beach Second Annual Day of Service. All are invited; projects are listed on www.ircdayofservice.org.



#### April 24

The Vero Beach Museum of Art will present its 29th annual Children's Art Festival from 10 am to 4 pm throughout the Museum and outside in Riverside Park. Free event. 231-0707

#### April 24

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Croom Dodgers baseball team (ages eight to 11) will take on the Senior Resource Association (SRA) Codgers (made up of notable businessmen), at 4 pm in Holman Stadium at historic Dodgertown to benefit SRA programs. \$5 tickets are available at Bobby's Restaurant, Quail Valley River Club, the Alexis Agency and Frostings. 231.5999

April 24 The Latin themed Tumba La Casa to benefit the Children's Home Society will be held from 7 to 11:30 p.m. at Rock City Gardens, featuring live music, food and dancing. Tickets are \$100 per couple or \$60 per person. 713-1774.

#### April 25

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# Calendar

in the Park, Outdoor Art Exhibit & Sale, 10 a.m. to 4 p.m. by Humiston Park on Ocean Drive. 231-0303 or www.Vero-

Master's Academy Open House, 7 p.m. at Master's Academy for families with children entering preschool, ages 3 to 12th grade. www.mastersvb.org or call

2nd Annual Bounce-Tacular Family Fun Day at Riverside Park to benefit the Samaritan Center for Homeless Families.

Grand Re-Opening Celebration of the new buildings at the Environmental Learning Center, 11 a.m. to 2 p.m.

11th annual Pioneer Family Dinner, this year honoring the Carter family, 6:30 p.m. at the Heritage Center. Tickets \$45. **Solutions from Games Pages in** April 15<sup>th</sup>/2010 Edition, Issue 16 6 5 1 9 7 2 4 8 4 9 3 8 6 5 1 7 57631492 2 4 7 9 8 5 3 926815374 2 3 8 6 4 34762189 4 3 2 178943625 6 5 8 7 9 Sudoku Page 50 Sudoku Page 51





May 1 - 2

May 2

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and inspiration, 7 p.m. at the First Bap-

tist Church. Free concert. (772) 567-4311

#### May 2

Treasure Coast Kennel Club AKC All Breed Dog Show, 8 a.m. to 4 p.m. at the Indian River County Fairgrounds. Parking fee of \$5 per car. www.treasurecoast-Treasure Coast Chorale, songs of faith

The 21st Annual May Pops Concert at Windsor Polo Field to benefit Indian River Medical Center Foundation features the Brevard Symphony Orchestra with conductor Christopher Confessore and Tony Award winning soloist Debbie Gravitte. Gates open at 3:30, concert at 5:30. Lawn Tickets \$25 in advance; VIP tickets \$200. 226-4974 or www. maypopsinvero.com.

VNÁ's 20th Annual Golf-A-Thon will be held at The Moorings Club. Twelve local golf professionals tee off at sun up and play 135 holes to benefit the VNA and Hospice.

#### May 7 - 8

Sixth Annual Offshore Big 3 Fishing Tournament to benefit Hibiscus Children's Center leaves from the Ft. Pierce City Marina. Captain's party б p.m. Friday, tournament Saturday. \$225 per boat. 978-9313 x 313

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# 32963 Passages

		U	
NAME	AGE	SUBDIVISION	DATE
Grillo, Antoinette	82	Sea Cove	4/15/2010
Ekonomou, Christopher	86	Indian River Shores Center	4/15/2010
Owens Jr., George French Bowie	82	Riomar	4/14/2010
Lopez D.O., Phillip	60	Seasons	4/10/2010
Reimer, Thelma		The Moorings	4/10/2010
Correll, William	86	Seagrove	4/9/2010
Smith, Donald	77	St. John's Island	4/7/2010
Riley, Howard	81	Indian River Shores Center	4/7/2010
Thayer, Bruce	87	Seagrove	4/2/2010
Day, Joel	72	Central Beach	3/31/2010
Farrington, Paul	82	Vista Spires South	3/26/2010
Hicks, Lawrence James	82	Sea Oaks	3/21/2010
Goade, Mary	88	Sea Oaks III	3/18/2010

At your request, we now will provide an updated list each week of island residents who have passed away during the past month. If you know of seasonal residents who passed while out-of-town, we would appreciate being informed so we can include them in this list. Please email this information to passages@verobeach32963.com.





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# Featured Real Estate Sales on Barrier Island

# **Real Estate**

#### Here are some of the top recent barrier island sales

#### Subdiv.: Ocean Oaks West, Address: 2237 Ocean Oaks Cr W



Listing Date: May 5, 2009 **Original Price:** \$1,649,900 April 9, 2010 Selling Price: \$1,100,000 Barbara McCarthy Listing Agent: Dale Sorensen Real Estate Seller's Agent: Kay Brown Premier Estate Properties

#### Subdivision: Seagrove, Address: 1786 Cedar Lane



Sold:

December 1, 2009 Listing Date: **Original Price:** \$525,000 April 14, 2010 Selling Price: \$485,000 Listing Agent: Lori Davis Dale Sorensen Real Estate Seller's Agent: Nancy Freiheit Coastal Signature Properties



### Subdivision: Sea Oaks, Address: 8810 Sea Oaks Way S, #402

Listing Date: December 16, 2009 **Original Price:** \$619,000 Sold: Selling Price: **Listing Agent:** Fran Smyrk

Seller's Agent: No Agent

April 8, 2010 \$565,000 Treasure Coast Sotheby's

#### Subdivision: Seagrove, Address: 1795 Sand Dollar Way



Listing Date: **Original Price:** \$499,000 Sold: Selling Price: Listing Agent:

Seller's Agent: Joelle Embres

February 6, 2010 April 8, 2010 \$450,000 Nancy Freiheit **Coastal Signature Properties** Re/Max Park Creek

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#### Page 78

# **Real Estate**

# **Real Estate Sales on the Barrier Island: April 8 to April 14**



The top barrier island sale of an active mid-April week was of an oceanfront home in Castaway Cove, Wave I.

The home at 1000 Crescent Beach Road had been listed on April 10, 2009 for \$3.195 million, and just over a year later, it closed on April 12th for \$2.75 million.

The home was listed by Kay Brown and Cindy O'Dare of Premier Estate Properties, and the buyer was represented by Cliff Lamb of Dale Sorensen Real Estate.

SINGLE FAMILY RESIDENCES AND LOTS						
SUBDIVISION	ADDRESS	LISTED	ORIGINAL ASKING PRICE	SOLD	SELLING PRICE	
SEAGROVE	1786 CEDAR LN	12/1/2009	\$ 525,000	4/14/2010	\$ 485,000	
CASTAWAY COVE	1330 SHOREWINDS LN	9/25/2009	\$ 550,000	4/9/2010	\$ 350,000	
OCEAN OAKS WEST	2237 OCEAN OAKS CR W	5/5/2009	\$ 1,649,900	4/9/2010	\$ 1,100,000	
SEA OAKS	1725 ORCHID ISLAND CR N	7/15/2009	\$ 465,000	4/9/2010	\$ 360,000	
SEAGROVE	1795 SAND DOLLAR WAY	2/6/2010	\$ 499,000	4/8/2010	\$ 450,000	
SEAGROVE WEST	120 RIVERWAY DR.	3/10/2009	\$ 495,888	4/8/2010	\$ 440,000	
	TOWNHO	MES, VILLAS AND	CONDOS			
SUBDIVISION	ADDRESS	LISTED	ORIGINAL ASKING PRICE	SOLD	SELLING PRICE	
SFA COVE	1616 OCEAN DR #308	3/26/2009	\$ 495,000	4/14/2010	\$ 336,500	
HARBOUR SIDE WEST	1815 MOORINGLINE DR. #PH-H	2/3/2009	\$ 259,000	4/12/2010	\$ 240,000	
SEA OAKS	8880 SEA OAKS WY N #201	9/1/2009	\$ 389,000	4/12/2010	\$ 325,000	
VISTA DEL MAR	5400 HIGHWAY A1A UNIT I-23	3/16/2009	\$ 127,000	4/12/2010	\$ 105,000	
WINDWARD CONDO	1155 REEF RD #D6	11/9/2009	\$ 225,000	4/12/2010	\$ 220,000	
ADRIA A CONDO	1440 OCEAN DR, A	1/9/2007	\$ 425,000	4/9/2010	\$ 270,000	
SEA OAKS	8810 SEA OAKS WY S #402	12/16/2009	\$ 619,000	4/8/2010	\$ 565,000	





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wraparound oceanfront terrace. \$1,295,000



views. \$995,000

# GOLF & BEACH CLUB

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70 BEACHSIDE DR, #201-2,242 A/C SQ. FT.

420 INDIES DRIVE—GOLF ESTATE Corner 3BR/3BA Ocean Club residence with 3BR/2 Study/3BA+2 1/2BA exquisite estate with designer finishes, professional appliances and verandahs overlooking golf vistas and sparkling 3/4 acre homesite. Exquisite details and magnifilake on 18th hole. **\$2,350,000** 

311 WESTWIND COURT—GOLF ESTATE cent views! \$2,195,000



80 CLUBHOUSE COURT—GOLF COTTAGE 4BR/Office/6BA golf residence situated on nearly 3BR/3BA golf cottage on corner homesite just steps from the beautiful Orchid Island Golf Club. \$975,000 (Furn. Avail.)



807 PEMBROKE CT—COURTYARD LIVING



406 INDIES DRIVE—GOLF ESTATE Fairway. Infinity pool & spa. **\$2,750,000** 



429 INDIES DRIVE—PRESERVE ESTATE



50 BEACHSIDE DR, #301-3,810 A/C SQ. FT. 3BR/Office/4.5BA residence includes a separate Exquisite 4BR/Study/4BA+2 Half BA residence Elegant 4BR or 3BR/Office/4.5BA residence 3BR/Study/4BA penthouse features exquisite 1BR/1BA cabana. Spectacular lake and golf overlooks 2 large lakes and scenic 18th enjoys a private preserve setting with an oversized craftsmanship. French doors open to a covered heated pool & spa. \$1,695,000 Under Contract stone terrace with summer kitchen. \$2,650,000

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The Vero Beach Barrier Island Newspaper



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Golf Course & River Views 3 BR/4.5 BA/Direct riverfront! \$1,695,000



Model Perfect Over 1/2 acre/Steps to beach! \$598,000



Southwinds Fabulous condo/Fabulous price! \$499,000



Perfect Family Waterfront 4 BR/3 Car garage/6000 SF! \$1,495,000



Moorings Charmer 3 BR/Oversized lot/Wonderful! \$499,000



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